



PROVIDER EDUCATION PROGRAM

FREE for all mental health professionals including psychiatrists, psychologists, nurses, case managers, therapists, social workers, psychiatric technicians, drug and alcohol counselors, residential care givers, job counselors, and all those who serve individuals with mental illness.

The Provider Education Program is a series of 10 weekly classes, taught by a trained five member team consisting of two Family-to-Family instructors, two Provider Education Program-trained consumers, and one mental health professional. The purpose of the program is to help service providers better understand and support individuals with serious mental illnesses and their families.

Over 4000 mental health providers across the United States have participated in this program; nearly all described how their own clinical practices had changed in response to what they learned in this class.

There is no cost to participate in the Provider Education Program; pre-registration is required.

Class Begins: September 16, 2009
10 Wednesdays, 6:00 pm to 9:00 pm

Location:
Training Room
Ventura County Behavioral Health
1911 Williams Drive, Oxnard, CA 93036

To register or for more information:
e-mail: namiventura@gmail.com or call: (805) 641-2426

Classes limited to 25 persons.

Continuing Education Credits available at no charge for:
Nurses, Psychiatrists, Psychologists, Therapists, Drug Counselors
See reverse for details

Funding provided by the Ventura County affiliate of the National Alliance on Mental Illness,
and the California Mental Health Services Act.

Provider Education Program Course Description

Segments of each class lecture are furnished as Class Handouts, along with the charts and graphics used for that class. All handouts are compiled by class members into a NAMI Provider Course Notebook which they keep for future reference. An extensive glossary of terms is provided, plus a selected reading list of pertinent references relating to each class.

- Week One:** Introductions; Principles of Medical Family Therapy and Family Consultation; Principles of the bio-psycho-social model of treatment
- Week Two:** Clinical Bases: Secondary prevention/intervention. Experiencing a thought disorder.
- Week Three:** The 3 Major Mental Illnesses: diagnostic checklists for schizophrenia, major depression and mania; symptoms of psychosis.
- Week Four:** Types and subtypes of mood disorders/diagnosis of panic disorder and obsessive compulsive disorder.
- Week Five:** Research into the Biological Bases of Mental Illness.
- Week Six:** Medication review, medication side effects.
- Week Seven:** Inside mental illness. What it's like to contend with brain disorders.
- Week Eight:** Responding effectively to families in stage 2. Handling issues of confidentiality with families and clients.
- Week Nine:** Meeting the whole family/problem solving. Learning about the whole family's experiences.
- Week Ten:** Why advocacy? Helping families in stage 3. Certification.

The **NAMI Provider Education Program** is appropriate for psychiatrists, psychologists, nurses, case managers, residential care givers, homeless outreach workers, vocational rehabilitation and job counselors, front office staff, clubhouse programmers, therapists, and all those who serve individuals with mental illness.

Continuing Education Credits provided to the following professionals:

Nursing CE contact hours: Provider approved by the California Board of Registered Nursing, Provider # CEP 15325, for 30 contact hours. Credit provided upon successful completion of all 10 sections (no partial credit available).
Provider Name: Ventura County Behavioral Health.

LMFT and LCSW CE contact hours: Course meets the qualifications for 30 hours of continuing education credit for LMFT's and/or LCSWs as required by the California Board of Behavioral Sciences. Must complete all 10 sections (no partial credit available).
Provider Name: Ventura County Behavioral Health. Provider number: PCE 4184.

Drug and Alcohol Counselor CE contact hours: Provider approved by CAADAC (Provider Number 2C-92-284-0410) and CAADE (Provider number CP10 805 C 0510) for 30 CEH's. Must complete all 10 sections (no partial credit available).
Provider Name: Ventura County Behavioral Health.

Psychologist and Psychiatrist CME contact hours: The Ventura County Medical Center is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. The Ventura County Medical Center takes responsibility for the content, quality and scientific integrity of this CME activity. The Ventura County Medical Center designates this educational activity for a maximum of thirty hours of AMA PRA Category 1 Credit(s)[™]. This credit may also be applied to the CMA Certification in Continuing Medical Education. Psychologists: Must complete all 10 sections (no partial credit available). Psychiatrists & other MDs: physicians should only claim credit commensurate with the extent of their participation in the activity.

There is no charge for this class or for CE credits, however pre-registration is required.
To register, please call 805-641-2426 or e-mail: namiventura@gmail.com