

Mental illness is a term used to describe a group of biologically based brain disorders which include schizophrenia, bipolar disorder, depression and anxiety disorders.

WE OFFER:

Support group meetings with sessions for both consumers and family members.

Informative guest speakers knowledgeable about mental illness and issues concerning mental illness.

NAMI Family-to-Family Education Course, a series of 12 classes for family members of persons with mental illness.

Advocacy on local, state and national levels - making our collective voice heard.

A Resource Center of books, tapes and journals.

Local, state, and national NAMI newsletters.

Free educational materials about mental illness.

Up-to-date medication and legislative news.

Speakers for community groups, meetings and events.

You are not alone...

SUPPORT GROUPS

are open to anyone whose life is impacted by mental illness.

We offer weekly adult support groups for both consumers and family members. These support groups meet every Sunday year-round, from 2:30pm—4:00pm at the Faye Morton Consumer and Family Center, located in the lower level of the Wendell Building at Eastern State Hospital.

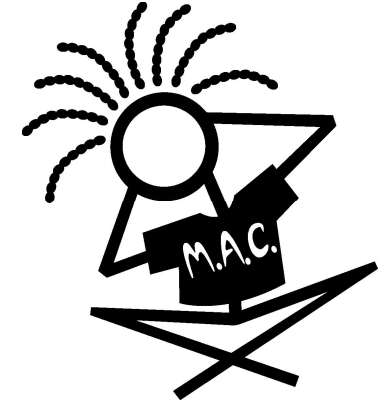


If you would like to get involved with our Multicultural initiative or if you would like more information about our organization or any of our services please contact us.

NAMI Lexington Office
498 Georgetown Street, Suite 201
Lexington, KY 40508
859-272-7891

Web Site: <http://lexington.nami.org>

MAC Contact: Yolonda Clay



It is our mission ~

*To spread the word... Mental Illnesses are **Biological Brain Disorders...** NOT Character flaws or moral weaknesses!*

RECOVERY is the GOAL!
TREATMENT works!
EDUCATION eliminates Stigma!
HOPE can be restored!
ADVOCACY creates change!

We meet people where they are!

We desire to help create a community that treats Consumers and Family members without stigma and with unconditional respect!