

Saturday, April 25, 2009

West Columbia Riverwalk Park

Check-In 7:30 AM to 9:00 AM

Walk Start Time 9:00 AM

Distance 5 Kilometers

- NAMIWALKS for the Mind of America is a nationwide fundraising and mental health awareness program held in nearly 90 communities around the country. These walks raise awareness, fight Stigma, and increase resources to support NAMI's programs and services.
- To form a team, walk with a team or make a donation, register at www.nami.org/NAMIWALKS/SC/Columbia; or you may register by mail NAMI: Mid-Carolina NAMIWALKS, P.O. Box 2526, Columbia, SC 29202. NAMI Mid-Carolina is a 501(c)(3) non-profit. Donations are tax deductible.
- There is no walker registration fee for the Walk. All participants are encouraged to collect donations from family members, friends, co-workers and business associates in support of their participation in the Walk. Sign up at www.nami.org/NAMIWALKS/SC/Columbia.
- All proceeds from the Walk are used to fund NAMI's programs. These programs include support, education, and advocacy involving Depression, Bipolar Disorder, Panic Disorder, Schizophrenia, Post Traumatic Stress Disorder (PTSD), Obsessive Compulsive Disorder (OCD), and Borderline Personality Disorder
- All walkers that raise \$100 or more will receive a NAMIWALKS for the Mind of America event T-shirt.
- NAMIWALKS for the Mind of America is a rain or shine event.
- There is a wide-range of corporate sponsorship opportunities available to local companies and businesses relating to the Walk. Anyone interested in information on how his or her company or organization can sponsor the Walk should contact Joel "Buddy" Wier by calling 776-9548 or 528-1923 or by emailing wieriii@att.net.



NAMI Mid-Carolina, P.O. Box 2526, Columbia, SC 29202
phone: (803) 733-9592

www.nami.org/NAMIWALKS/SC/Columbia