



**Dental  
Clinics  
and  
Services  
for  
Low Income  
Persons  
In Maine**

Compiled and published by

**The Maine Center for Disease Control &  
Prevention, an Office of the  
Department of Health & Human Services,  
Oral Health Program**

May 2008



# Maine Center for Disease Control and Prevention

An Office of the  
Department of Health and Human Services

*John E. Baldacci, Governor*

*Brenda M. Harvey, Commissioner*

## **Dental Clinics and Services for Low Income Persons in Maine**

**Compiled and published by the  
Maine Center for Disease Control & Prevention,  
An Office of the Department of Health & Human Services**

### **Oral Health Program**

**11 State House Station  
Augusta, ME 04333-0011**

**Tel: (207) 287-2361**

**Fax: (207) 287-7213**

**TTY: (207) 287-8015**

# CLINICS AND DENTAL SERVICES FOR LOW INCOME PERSONS IN MAINE

## Introduction

Oral health is a vital component of overall health throughout the life cycle. Dental disease affects people of all ages, yet to a great extent, it is highly preventable. Early diagnosis of oral health problems through regular dental visits and the use of preventive measures such as fluoride and dental sealants, along with practicing good oral hygiene, good nutrition, and the prevention of oral injuries, are important for people of all age groups. Adopting, practicing, and maintaining healthy behaviors will help everyone to “Keep Your Teeth for a Lifetime.” Unfortunately, and for a variety of reasons, not everyone is able to obtain dental care on a regular basis. However, there are preventive measures and some services available to all individuals, and there have been some changes in Maine’s public and private non-profit programs during the past several years.

**Community Water Fluoridation.** All ground and surface water in the United States contains some amount of fluoride, the 13<sup>th</sup> most common mineral in the earth’s crust. Public water supplies can add small amounts of fluoride to their water to adjust the natural level up to the level that helps protect against tooth decay. In Maine, communities authorize water fluoridation by public referendum. Studies show that fluoridation can reduce the amount of cavities children get in their baby teeth; and can reduce tooth decay in permanent adult teeth by up to 40%. Water fluoridation protects against tooth decay all through life. Fluoridation is one of the most researched public health measures and is safe and effective when used and consumed properly. It benefits everyone, regardless of income, age, ethnicity, or ability to access dental care. Fluoridation is inexpensive; costs per person per year may vary, but over a lifetime are about the same as the cost of one dental filling, making fluoridation very cost effective. In Maine, about half our communities have public water supplies, and of these in 2007, 133 communities presently get their water from water utilities that fluoridate, providing this health benefit to about 500,000 people. For a current list of fluoridated communities in Maine, contact the Oral Health Program. (See below)

See also [www.maine.gov/dhhs/boh/fluoride.htm](http://www.maine.gov/dhhs/boh/fluoride.htm).

**School Oral Health Programs.** Eligible Maine elementary schools may participate in the School Oral Health Program sponsored by the Maine Center for Disease Control’s Oral Health Program. This program helps schools provide classroom-based oral health education, a weekly fluoride mouthrinse, in grades K through 6, and dental sealants to second-grade students. Schools, school districts, or agencies acting on their behalf must apply to the Oral Health Program and meet certain criteria in order to receive funding, but technical assistance and consultation are available to all Maine schools. For a current list of these schools or for more information, contact the Oral Health Program.

**MaineCare:** MaineCare, formerly known as Medicaid and Cub Care, is administered through the Department of Health & Human Services, Office of MaineCare Services (formerly the Bureau of Medical Services). MaineCare provides dental benefits to individuals whose incomes meet federal poverty guidelines. Eligible children and young adults under age 21 are able to get the preventive and regular care they need to facilitate normal growth and development. Eligibility is based on family income, and cost is based on family income and size. For most families there is no cost, and some families pay a small monthly premium. See pages 17 and 18 for more information on these programs.

## **About This Directory**

This directory is meant to offer a resource for health and social services providers likely to be assisting clients who do not have a regular dentist in obtaining the dental care they need. These may include people with low incomes, those who do not have insurance coverage or who are eligible for MaineCare, and individuals with special needs. There are a number of clinics and other agencies throughout the state of Maine that either directly provide dental care services, or can assist these individuals in obtaining access to care. This directory describes those clinics and agencies, the services they provide, eligibility guidelines, and where to get more information. State-funded assistance programs, tribal health programs, rural community health centers and other potential sources of care are included. This document is printed about 1 to every 2 years, and the information included may not remain accurate, but we hope it can provide a start in finding appropriate resources. *PLEASE NOTE* that inclusion in this directory does not guarantee that services will be provided.

We would appreciate learning about other programs and services that provide or assist Maine people in obtaining dental care. If you have suggestions for additions to this directory, please forward them to the Oral Health Program (see inside cover). New information will be added when the next edition of this directory is published. In addition, from time to time, updates to this directory may be available electronically. Please check the Maine CDC Website ([www.maine.gov/dhhs/boh](http://www.maine.gov/dhhs/boh)) for the most up to date version of this publication.

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# Using This Directory

The Directory is divided into three major sections: (I) Clinics and Health Centers (sources of direct clinical services), listed alphabetically by county; (II) State-Funded Assistance Programs (available to eligible persons statewide); and (III) Other Resources (programs and agencies that may be helpful in obtaining care or that have several locations throughout Maine, as well as other suggestions). This section also includes for a list of preventive dental hygiene providers.

Check the resources for your geographic area first. Then review Sections II and III for additional ideas. We have tried to indicate any restrictions such as residence, age or income as clearly as possible, sometimes with the use of bold type and headings. In Section III under "State-wide Resources," we have listed those clinics and health centers that did not impose residence requirements at the time of publication.

Call the clinics, health centers and other health and social service agencies in your area even if it appears from the description that they cannot provide dental care or help obtain services. Staff may know of new resources and be able to help you, even if they deal primarily with a different population group or area of service.

## **SECTION I. CLINICS AND HEALTH CENTERS**

## Listed Alphabetically by County

(All telephone numbers are Area Code 207 unless noted otherwise.)

### Androscoggin County

#### Resources

B Street Dental Program – Lewiston	753-5400
Community Dental – Lewiston	777-7442

#### Program Description

##### **B Street Dental Program**

##### **B Street Health Center**

57 Birch Street  
Lewiston, ME 04240  
Tel: 753-5400  
Fax: 786-0489

Located within the B Street Community Center at the corner of Birch and Bates Streets in downtown Lewiston.

The B Street Dental Program provides dental hygiene services including cleanings, fluoride treatments, dental sealants and radiographs. There is a pediatric dentist on staff on Tuesdays to do examinations and restorative treatment. The program serves children 15 years of age or younger who are either covered by MaineCare or are uninsured and may qualify for our FQHC sliding-fee scale discount.

This program is part of the Community Clinical Services (CCS) Federally Qualified Health Center (FQHC) that is affiliated with Sisters of Charity Health System and St. Mary's Regional Medical Center.

Hours of operation are Monday through Thursday, 7:30 AM to 4:00 PM.

**Community Dental – Lewiston**

177 Main Street  
Lewiston 04240  
Tel: 777-7442  
Fax: 777-7706  
E-mail address: [triccdh@megalink.net](mailto:triccdh@megalink.net)

Community Dental – Lewiston provides a full range of outpatient dental services, including oral health education for children and adults. A pediatric dentist is available on a part-time basis. Services are available on a sliding fee schedule for uninsured residents of Community Dental’s service areas in southern, central and western Maine who meet income guidelines. MaineCare and private insurances are accepted. The Dental Center is open Monday through Friday from 8:00 AM to 4:30 PM. State funds, the United Ways of Androscoggin and Oxford Counties, area businesses, dental professionals, civic groups and individuals support the center.

***Aroostook County***

Resources

Eagle Lake Health Center 444-5973

Program Descriptions

**Fish River Rural Health**  
**Eagle Lake Health Center**

Carter Street  
P.O. Box 309  
Eagle Lake, ME 04739  
Tel: 444-5973  
Fax: 444-5520  
Contact Person: Norman Fournier, Executive Director

The Health Center provides **preventive services only** (initial oral exams, cleanings and fluoride treatments) for children and adults. MaineCare and private insurance are accepted, and a sliding fee scale is available for patients whose family incomes meet the Center's income guidelines (based on federal poverty level). **Referrals for restorative care are made to local dentists.**

# *Cumberland County*

## Resources

City of Portland, Public Health Division	874-8450
Clinical Services, Portland	822-0232 or 800-572-4928
Community Dental – Portland	874-1028
Cumberland County Denture Program, Saco	282-1305
University of New England, Portland	221-4900

## Program Descriptions

### **City of Portland, Public Health Division**

Oral Health Program

20 Portland St.

Portland, ME 04101

Tel: 874-8450

Contact Person: Martha Barnes

- **Dental Hygiene Clinics**

Low cost preventive dental care including cleaning, x-rays, screenings and referral services for Portland residents by appointment at 874-8450.

- **Portland Volunteer Dental Clinic**

Dental treatment for low income, uninsured, Portland residents. Volunteer dental professionals offer evening clinics by appointment at 874-8450.

- **Homeless Health Dental Clinic**

Restorative and preventive services are provided in a dental clinic for Portland's homeless population. Call 874-8450 for more information.

### **Clinical Services (Please note restrictions)**

63 Preble Street

Portland, ME 04101

Tel: 822-0232 or 1-800-572-4928

Contact Person: Holly Sweet

This clinic provides a full range of outpatient dental services **for clients who are currently receiving case work services through the Maine Department of Health & Human Services (through the former Department of Behavioral and Developmental Services)**. This clinic treats only adults who are mentally retarded or have a chronic mental illness. These services are available on a sliding fee scale basis; MaineCare is also accepted. Intravenous (IV) sedation services are available. The clinic hours are Dental: Monday-Friday, 8:00 AM – 4:00 PM; Hygiene: Monday- Friday (hours vary); IV Sedation: Thursdays, 8:00 AM – 4:00 PM.

### **Community Dental – Portland**

640 Brighton Avenue  
Portland, ME 04102  
Tel: 874-1028  
Fax: 842-2963

Community Dental – Portland provides a full range of outpatient dental services, including oral health education, for children and adults. A pediatric dentist is available on a part-time basis. Services are available on a sliding fee schedule for uninsured residents of Community Dental’s service areas in southern, central and western Maine who meet income guidelines. MaineCare and private insurances are accepted. The Dental Center is open Monday through Friday from 8:00 AM to 4:30 PM. State funds, the United Way of Greater Portland, Cumberland County, local towns, area businesses, dental professionals and individuals support the Dental Center.

### **Cumberland County Denture Program**

Managed by: Community Dental  
333 Lincoln Street  
Saco, ME 04072  
Tel: 282-1305  
Coordinator: P. J. Plummer

The Program recruits dentists from the Greater Portland area to make free dentures for pre-qualified residents of Cumberland County. To qualify, people must verify that they are at 125% of poverty level or below and have had a dental evaluation. The candidates are financially responsible for the dental exam and any necessary extractions. The patient is also responsible for scheduling and complying with all the appointments. An applicant may call to be placed on the waiting list, but should anticipate a waiting time of approximately 2-12 months. The Greater Portland United Way funds this program.

### **University of New England**

Dental Hygiene Department/Westbrook College Campus  
716 Stevens Avenue  
Portland, ME 04103  
Tel: 221-4900

The University of New England Dental Hygiene clinic offers dental hygiene services that include oral examination, personalized oral hygiene instruction, blood pressure screening, radiographic survey (x-rays), teeth cleaning, fluoride treatments and sealant placement. **These services are available to the general public and there are no income restrictions.** This is a teaching clinic so appointments may require more time. Patients do not see a dentist, but work with a student hygienist. Services NOT provided include: fillings and restorations, extractions, crowns, root canals, orthodontics, dentures or bridges. MaineCare is accepted for patients through age 20 only. No other insurances are accepted, only cash or check payments. Low fees are charged to cover the cost of materials only. To schedule an appointment call Monday-Friday, 8:30 AM - 4:30 PM. **The clinic is only open from September through April.**

Community Dental – Farmington  
Strong Dental Center, Strong

779-2659  
684-3045

### Program Descriptions

#### **Community Dental – Farmington**

131 Franklin Commons, Suite 1  
Farmington, ME 04938  
Tel: 779-2659  
Fax: 779-2697

Community Dental – Farmington, located in the Mount Blue Health Center, adjacent to Franklin Memorial Hospital, provides a full range of outpatient dental services, including oral health education for children and adults. Services are available on a sliding fee schedule for uninsured residents of Community Dental’s service areas in southern, central and western Maine who meet income guidelines. MaineCare and private insurances are accepted. The Dental Center is open Monday through Thursday from 7:00 AM to 5:30 PM. State funds, the United Ways of Franklin and Oxford Counties, area businesses, foundations, dental professionals and individuals support the Dental Center.

#### **Strong Dental Center**

Strong Area Health Center  
177 North Main Street  
Strong, ME 04983  
Tel: 684-3045  
Website: [www.healthreachchc.org](http://www.healthreachchc.org)

The Strong Dental Center is located in the Strong Area Health Center in Franklin County, one of 11 federally qualified health centers administered by HealthReach Community Health Centers. The Center serves Franklin County adults and children and accepts both commercial insurance and MaineCare. In addition, a sliding fee scale is offered for uninsured residents who meet income guidelines. A range of preventive and restorative services is provided, as well as extractions. All patients receive education and a complete oral evaluation.

The Dental Center is open from 8:00 AM to 7:00 PM Monday and Thursday; 8:00 AM to 4:00 PM on Tuesday; closed Wednesday; and from 8:00 AM to 2:00 PM on Friday. Funding sources that have contributed to the Dental Center include the Davis Family Foundation, the Maine Health Access Foundation, the State of Maine Department of Health & Human Services and the federal Bureau of Primary Health Care.

Bucksport Regional Health Center  
The Maine Coast Community Dental Clinic, Ellsworth

469-2359 or 1-800-993-5990  
667-0293

### Program Descriptions

#### **Bucksport Regional Health Center**

74 Main Street, Suite 200  
PO Box 447  
Bucksport, ME 04416  
Tel: 469-2359  
1-800-993-5990

Hours: Monday - Thursday, 7:30 AM to 4:30 PM

The Board of Directors of the Bucksport Regional Health Center offers primary care dental services as part of the Bucksport Regional Dental Center. The Dental Center accepts patients of all ages on an appointment basis (no walk-ins). MaineCare insurance is welcome, as are other forms of dental insurance. Fee discounts are available and based on federal income guidelines (applications require proof of income). Emergency services, diagnostic exams, extractions, cleanings and fillings are provided, and the Dental Center is handicapped accessible.

#### **The Maine Coast Community Dental Clinic**

*A program of Downeast Health Services*  
190 Beechland Road  
Ellsworth, ME 04605  
Tel: 667-0293  
Fax: 667-5805

Hours: Tuesday – Saturday, 7:30 AM – 5:30 PM

The mission of the Maine Coast Community Dental Clinic is to provide accessible, affordable and comprehensive dental care services. The Clinic accepts MaineCare, third party insurance and private payments. Eligible patients are income-qualified to a sliding fee schedule based on federal poverty guidelines. Patient balance is due when services are rendered. The Maine Coast Community Dental Clinic does not have a cancellation policy, nor will it maintain open billing accounts for patients. State funds, the Maine Health Access Foundation, the Maine Community Foundation, the Stephen and Tabitha King Foundation and private funds have provided support to this clinic.

## ***Kennebec County***

### Resources

Capitol Community Clinic, Riverview Psychiatric Center, Augusta  
The Community Dental Center, Waterville  
The Garcelon Memorial Children's Dental Center, Augusta  
Maine Oral Health Solutions, Inc., Augusta

624-3942 or 1-800-834-3339  
872-8891  
622-2022 or 1-866-253-1461  
622-2400 or 1-866-253-1461

## Program Descriptions

### **Capitol Community Clinic (Please note restrictions)**

Capitol Community Clinic  
250 Arsenal Street  
Augusta, ME 04332  
Tel: 624-3942 or 1-800-834-3333

Capitol Community Clinic provides a full range of general dentistry and hygiene services **for persons receiving psychiatric treatment through an agency funded by the Department of Health & Human Services**. The clinic is located within Riverview Psychiatric Center. Business hours are Monday through Friday (excluding holidays) 8:00 AM to 4:30 PM.

### **The Community Dental Center**

93 Main Street - 3<sup>rd</sup> Floor  
Waterville, ME 04901  
Tel: 872-8891 (appointments and information)

The Kennebec Valley Dental Coalition administers this facility. The Community Dental Center offers a range of preventive and restorative services including teeth cleaning, fluoride treatments, x-rays, fillings and extractions. Oral health education is part of every visit. MaineCare eligible persons are welcome. Individuals with private dental insurance may be seen, co-pay is due at time of visit, and some insurance plans require payment in full at time of visit. A sliding fee may be offered to residents of Kennebec and Somerset counties based on income and household size. The Community Dental Center is open 4 days a week by appointment only. Funding for the Community Dental Center is a combination of local, state, federal, and private sources including the United Way of Mid-Maine, and the United Way of Kennebec Valley.

**The Garcelon Memorial Children's Dental Center**

133 State Street  
Augusta, ME 04330  
Tel: 622-2022

Website: [www.maineoralhealthsolutions.org](http://www.maineoralhealthsolutions.org)

The Garcelon Memorial Children’s Dental Center provides quality pediatric and adolescent dental care for ages 1 through 20 years. MaineCare coverage is accepted. Services include acute dental care and preventive hygiene services, comprehensive assessments for oral diseases and conditions, individualized preventive dental health programs based upon caries-risk assessments and periodontal disease risk assessments. Referral services include oral surgeons, pediatric hospital-based oral restorative programs and orthodontists. Oral health education is provided to all patients. The Garcelon Memorial Children’s Dental Center also serves as a dental home for Maine Oral Health Solutions’ EarlySmiles and MaineSmiles school-based dental programs.

The Children’s Dental Center is open Monday through Saturday from 8:00 AM to 5:00 PM. The Garcelon Memorial Children’s Dental Center is administered by and receives funding from Maine Oral Health Solutions.

**Maine Oral Health Solutions, Inc**

269 Water St  
Augusta, ME 04330  
Tel: 622-2400

Website: [www.maineoralhealthsolutions.org](http://www.maineoralhealthsolutions.org)

Maine Oral Health Solutions, Inc. They are located in the Vickery Complex on the second floor directly above the Edmund Ervin Pediatric Center in downtown Augusta. Entrance for the new facility is located at 269 Water St, between the Ervin Pediatric Center and the Children’s Discovery Museum and from the Riverside Parking Lot. Parking, elevator services, and handicapped access are available at the Riverside entrance.

They are a non-profit oral public health agency providing mobile and stationary dental and hygiene services to low-income children and adolescents in Head Start and Childcare programs, WIC programs and public schools throughout the State of Maine with The EarlySmiles and MaineSmiles school-based dental programs.

Oral health programming is individually tailored to meet the needs of the different agencies, programs and schools served by the mobile dental programs. The programs range from hygiene services to full dental programs with traveling dentists, X-rays and restorative capabilities.

Maine Oral Health Solutions provides direct dental services at the Garcelon Children’s Dental Center in Augusta, the Penobscot Bay Children’s Dental Center in Belfast.

Maine Oral Health Solutions is funded by MaineCare reimbursements, the Stephen and Tabitha King Foundation, the Fund for Healthy Maine, the Ladd Foundation, the Maine Health Access Foundation and charitable tax-deductible donations.

## ***Knox, Lincoln, & Oxford Counties***

### Resources

Knox County Health Clinic Dental Program, Rockland	594-6996
The Community Dental Center – Rumford	369-3600

### Program Descriptions

#### **Knox County Health Clinic Dental Program**

22 White Street  
Rockland, ME 04841  
Tel: 594-6996

The Knox County Health Clinic Dental Program provides exams, cleanings, sealants, simple fillings, extractions, and acrylic partials to both adults and children, whose family earnings are at or below 200% of federal poverty guidelines. **Only residents of Knox County and those towns immediately next to Knox County are eligible for the dental program.** Priority is given to those who need dental care for pain and infection control, to improve employability, and to children who have been unable to receive dental care. There is a waiting list.

Appointments are set up by the Clinic staff, who will schedule patients into participating dental offices. An application must be filled out, returned to the clinic office and the fee paid before appointments will be set up. Prospective patients may obtain an application by contacting the clinic office. Patients may also come directly to the clinic office at 22 White Street in Rockland. The office is on the second floor of the Bok Medical Building, the brick building behind the Rockland Public Library and next to the Knox Center for Long Term Care. In addition, area social service and health agencies may assist prospective patients in filling out the application.

There is a sliding fee scale for clinic services. Residents whose income is up to 100% of federal poverty guidelines pay \$10.00 for each visit. For those residents whose income is 101% to 200% of the guidelines, the fee is \$20.00 per visit. There is no charge for **MaineCare** insured children. Fees must be paid 7 days prior to a scheduled appointment. Fees are forfeited if the patient fails to give at least a 24-hour notice of cancellation. Patients who fail to do so are no longer eligible for services.

The clinic offers dentures to those who qualify for them. Some of the qualifications for dentures are pain control, employment and self-esteem. For those who do not qualify for dentures through this program, the clinic staff will work with patients to find other resources. Patients will be responsible for payments of 50% of the denture laboratory fees. The fee is approximately \$150 per arch, so the patient will need to pay \$75 per arch. This fee must be paid prior to starting work on denture preparation. This fee also applies to those patients needing acrylic partials.

The Knox County Health Clinic Dental Program has been supported by a grant from the Maine Department of Health & Human Services and by the charitable contributions of community members and area businesses. Volunteer dentists and hygienists staff the dental offices, generously donating their time and expertise.

#### **The Community Dental Center Rumford**

60 Lowell St  
Rumford ME 04276  
Tel 369-3600

Community Dental – Rumford provides a full range of outpatient dental services, including oral health education for children and adults. Community Dental welcomes people of all ages and incomes. Services are available on a sliding fee schedule for uninsured patients, private pay via cash or credit card, MaineCare reimbursement, and dental insurance plans are accepted. The Dental Health Center is open Monday through Friday from 8:00 AM to 4:30 PM and is handicapped accessible. The Dental Center is supported by State funds, the United Way of Oxford County, area businesses, dental professional, and individuals.

## *Penobscot County*

### Resources

City of Bangor Preventive Oral Health Program	992-4543
Dorothea Dix Psychiatric Center, Bangor	941-4120
Dental Health Programs, Bangor	262-7872
HAN Family Dental Care, Lincoln	794-8790
Katahdin Valley Health Center, Millinocket	723-6565
Penobscot Community Dental Clinic, Bangor	992-2152 Option #4

### Program Descriptions

#### **City of Bangor Preventive Oral Health Program**

103 Texas Avenue  
Bangor, ME 04401  
Tel: 992-4543

The Preventive Oral Health Program (POHP) serves children from birth through age 5 who receive WIC Nutrition program benefits and reside within Penobscot and Piscataquis Counties. Preventive services are provided by a Public Health Dental Hygienist and include prophylaxis, dental screenings, fluoride varnish and oral health education. The POHP receives support from the City of Bangor, the State of Maine and several grants from various foundations.

**Dorothea Dix Psychiatric Center** (Please note restrictions)

P.O. Box 926  
Bangor, ME 04402  
Tel: 941-4120

This clinic provides a full range of outpatient dental services to **adults who are currently receiving mental health services or have received mental health services through the Maine Department of Health & Human Services (through the former Department of Behavioral and Developmental Services)**, who cannot access dental care in the community. The services are available on a sliding fee scale and **MaineCare** is also accepted. Clinic hours are Monday through Thursday, 8:00 AM to 4:00 PM.

**Dental Health Programs**

Lincoln Hall, 29 Texas Avenue  
University College  
Bangor, ME 04401  
Tel: 262-7872  
Contact Person: Peggy Morse

The Dental Health Clinic operates as part of the Dental Hygiene educational program at the University of Maine. Student dental hygienists provide preventive services under the supervision of University faculty and volunteer dentists. Available services include: oral examination, scaling and polishing of teeth, oral hygiene instructions, dental x-rays, fluoride treatments, and sealants. **There are no residence requirements or income restrictions.** Fees are low and are charged only to cover the cost of the clinical operation. The Clinic does not participate in MaineCare or accept insurance, but will provide a coded receipt that can be submitted to an insurer. **The clinic is open from September through April** and is available to the general public. Appointments may be made by calling 262-7872.

**Health Access Network**

HAN Family Dental Care  
PO Box 99  
9 Main Street  
Lincoln, ME 04457  
Tel: 794-6700  
Hours: Monday – Friday, 8:00 AM to 5:00 PM.

Health Access Network (HAN) is a federally funded Community Health Center providing primary and specialty care, mental health and dental services in Lincoln, Medway and West Enfield. HAN Family Dental services are located in Lincoln and target Penobscot County residents. The office is fully equipped to provide education, prevention, and restorative care to people of all ages. Dental services include hygiene, x-rays, sealants, scalings, fillings, extractions, crowns, root canals, and dentures. This program accepts patients of all ages. HAN also accepts MaineCare, private pay, and commercial insurance. For eligible patients, financial assistance is available; services are available on a sliding fee scale based upon income levels and household size. Emergency exams and services are generally available for patients with pain, swelling, or infection.

**For more information about the Health Access Network dental program or other services, you may contact the central office at (207) 794-6700.**

## **HAN Family Dental Care, Continued**

- 
- Patients may self refer or referrals are also accepted.
- Patients are scheduled on a first-come, first-served basis.
- Patients are encouraged to apply for sliding fees prior to appointments in order to determine patient eligibility and level of co-pay.
- Sliding fee applications can be mailed by HAN staff or picked up at any HAN location.
- Co-payments are due at the time of service.
- No shows for appointments will be placed at the bottom of a waiting list, or may be removed from the HAN dental patient list.

### **Katahdin Valley Health Center**

PO Box 500, Patten ME 04765  
50 Summer Street, Millinocket, ME 04462  
Tel: 723-6565  
Fax: 723-6564  
Contact Person: Durward Humphrey, Executive Director

Katahdin Valley Health Center's Millinocket Dental Clinic provides a full range of diagnostic and preventive dental care as well as restorative, oral surgery, endodontics, periodontics, dentures and emergency palliative treatment for children and adults. The Dental Clinic employs a pediatric dentist, two general dentists, two hygienists, three dental assistants and office staff on a full-time and part time basis. Oral health education is offered to all patients. MaineCare and other dental insurance coverage are accepted; a sliding fee scale is available for patients whose family incomes meet the Center's guidelines (based on federal income levels). Clinic hours are 8:00 AM to 5:00 PM Monday through Friday. Please call 207-723-6565 for appointments.

Katahdin Valley Health Center is a Federally Qualified Health Center, receiving federal grants to provide high quality care to all community members, including low income, uninsured and under-insured community members who may not otherwise have our services available to them.

### **Penobscot Community Dental Clinic (Please note restrictions)**

1048 Union Street, Suite 4  
Bangor, ME 04401  
Tel: 992-2152, Option #4

The Penobscot Community Dental Clinic is administered by Penobscot Community Health Center (PCHC), and serves primarily children and adults from Penobscot and Piscataquis Counties on a sliding fee basis. MaineCare eligible persons are welcome. A range of preventive, extraction, and restorative services are available. The business hours are Monday through Friday, 7:30 AM to 6:00 PM. Clinic hours are by appointment. The clinic is funded through federal and foundation grants. A pediatric dental specialist will be on staff after August 1, 2007.

PCHC's mobile dental clinic, Miles for Smiles, serves children in northern and eastern Maine, with locations in Aroostook, Penobscot, Piscataquis, and Somerset Counties. Please call for information on the closest clinic to you – 1-866-298-0893.

## ***Piscataquis County***

### Resources

See Section III- Other Resources

## *Sagadahoc County*

### Resources

Jessie Albert Memorial Dental Center, Bath

443-9721

### Program Description

#### **Jessie Albert Memorial Dental Center**

171 Congress Avenue

Bath, ME 04530

Tel: 443-9721 or 1-888-304-8020

Fax: 443-9722

The Center treats **children and young adults through the age of 20** whose families are of low to moderate income and/or are receiving financial assistance from TANF/MaineCare or participating in the Head Start program. The primary service area is Sagadahoc, Lincoln, Knox and N.E. Cumberland counties, although the Center will treat children from all locations. Patients who do not receive financial assistance are billed according to the Center's sliding fee scale. The Center is administered by Catholic Charities Maine and supported by federal and state funds, the United Way, towns, and private sources. Hours are 7:30 AM to 5:00 PM Monday - Thursday and 7:30 AM to 4:00 PM on Friday.

## *Somerset County*

### Resources

See The Community Dental Center in Waterville under the Kennebec County listing.

## *Waldo County*

### Resources

The Penobscot Bay Children's Dental Center, Belfast

338-0700

Waldo County Dental Project, Belfast

338-6809

#### **The Penobscot Bay Children's Dental Center**

38 Spring Street

Belfast, ME 04915

Tel: 338-0700

Website: [www.maineoralhealthsolutions.org](http://www.maineoralhealthsolutions.org)

The Penobscot Bay Children's Dental Center provides quality pediatric and adolescent dental care for ages 1 through 20 years. MaineCare coverage is accepted. Services are available on a sliding fee schedule for uninsured children and adolescents who meet the income requirement.

Services include acute dental care and preventive hygiene services, comprehensive assessments for oral diseases and conditions, individualized preventive dental health programs based upon caries-risk assessments and periodontal disease risk assessments. Referral services include oral surgeons, pediatric hospital-based oral restorative programs and orthodontists. Oral health education is provided to all patients. The Penobscot Bay Children's Dental Center also serves as a dental home for Maine Oral Health Solutions' EarlySmiles and Maine Smiles school-based dental programs. The Center is open Monday through Friday from 8:00 AM to 5:00 PM, and is administered by and receives funding from Maine Oral Health Solutions. **14**

### **Waldo County Dental Project**

P.O. Box 130  
9 Field Street, Suite 305  
Belfast, ME 04915-0130  
Tel: 338-6809  
Hours: (Vary) Monday through Friday 8:30 AM to 4:00 PM

The Waldo County Dental Project (WCDP) is a voucher-based oral health program. WCDP's mission is "To enhance the health, self-esteem and employability of Waldo County low-income residents through access to low cost dental care and preventative dental education." There are 7 area dentists and 3 traveling specialists who work with the project. The WCDP offers exams, simple fillings, extractions, cleanings, prevention education and dentures to low income, uninsured Waldo County residents. A sliding fee scale payment of \$15.00 or \$20.00 fee per dental visit (depending on income) is paid in the Dental Project's office 7 days prior to each dental visit. Income eligibility is at 200% of the federal poverty rate. The WCDP has a strong "No Show" policy because of the long waiting list for services and the limited access to oral health in Waldo County. The WCDP has developed the "No Cavities for ME" program. This program consists of a free dental hygiene clinic twice a month for MaineCare and uninsured children ages 19 months to 21 years, along with an after-school prevention education class twice a month. The clinics and after-school program are held at the Waldo County YMCA (Belfast). Call the WCDP for more information.

### ***Washington County***

#### Resources

Eastport Health Care, Inc.	853-6001
Harrington Family Health Center, Harrington	483-4502
Regional Medical Center at Lubec	733-5541

#### Program Descriptions

### **Eastport Health Care, Inc.**

P.O. Box H, 30 Boynton Street  
Eastport, ME 04631  
Tel: 853-6001

Eastport Health Care (EHC) provides a full range of preventive and restorative services. EHC provides dental services to all patients, regardless of their ability to pay. A sliding fee scale is available for those whose family incomes meet EHC income guidelines. Dental office hours are Monday – Friday 8:00 AM – 5:00 PM, and Tuesday evening until 8:00 PM.

### **Harrington Family Health Center**

Route #1, P.O. Box 82  
Harrington, ME 04643  
Tel: 483-4502  
Contact Person: Joan Crockett, Administrator

The Harrington Family Health Center's dental department provides a full range of preventive and restorative services, **with priority given to adults and children in Washington and eastern Hancock counties.** Sliding fees are offered. MaineCare and private insurance are accepted. Office hours are Monday 8:00 AM to 8:00 PM, and Tuesday – Thursday 7:30 AM to 4:30 PM.

**Regional Medical Center at Lubec**

43 South Lubec Road

Lubec, ME 04652

Tel: 733-5541

Contact Person: Harold Crosby, DMD

The Regional Medical Center at Lubec dental office serves children and adults, providing family dental care with a full range of preventive and restorative services, including prosthetics and minor oral surgery. MaineCare and private insurance are accepted, and **a sliding fee scale is available** for those whose family incomes meet the Center's income guidelines. The following procedures are not covered under the sliding fee program, including visits related to these procedures: dentures, partial dentures, occlusal guards, bridgework, crowns, and denture repairs that need to be sent out. If you elect to have any of these procedures, you will be charged the full price. In addition, all other dental procedures will only be reduced by a minimum 50% of the original charge. If you qualify for the \$10.00 or 25% sliding fee scale for other services, you will still be responsible for paying 50% for dental services. Office hours are Monday-Friday, 8:00 AM to 5:00 PM and Tuesday evening until 8:00 PM. Dental services are also available on an emergency basis by calling 733-5541.

***York County***

Resources

Community Dental – Sanford	324-5508
Community Dental – Saco	282-1305
York County Community Health Care	490-6900

Program Descriptions

**Community Dental – Sanford**

941 Main Street

Sanford, ME 04073

Tel: 324-5508

Fax: 324-5334

Community Dental – Sanford provides a full range of outpatient dental services, including oral health education, for children and adults. Services are available on a sliding fee schedule for uninsured residents of Community Dental’s service areas in southern, central and western Maine who meet income guidelines. MaineCare and private insurances are accepted. The Dental Center is open Monday through Friday from 8:00 AM to 4:30 PM. State funds, the United Way of York County, area businesses, York County, lo~~16~~

towns, dental professionals and individuals support the Dental Center.

### **Community Dental – Saco**

Kimball Health Center  
333 Lincoln Street  
Saco, ME 04072  
Tel: 282-1305

Community Dental – Saco provides a full range of outpatient dental services, including oral health education, for children and adults. A pediatric dentist is available on a part-time basis. Services are available on a sliding fee schedule for uninsured residents of Community Dental’s service areas in southern, central and western Maine who meet income guidelines. MaineCare and private insurances are accepted. The Dental Center is open Monday through Friday from 8:00 AM to 4:30 PM. State funds, the United Way of York County, area businesses, York County, local towns, dental professionals and individuals support the Dental Center.

### **York County Community Health Care**

P.O. Box 72  
6 Spruce Street  
Sanford, ME 04073  
Tel: 490-6900 or 800-965-5762 [in York County]

York County Community Health Care is a program of York County Community Action Corporation providing dental, primary care, and mental health services. The Center’s Dental Department provides a full range of preventative, restorative, emergency, and minor oral surgery care to individuals of all ages. A sliding fee discount is provided to persons who meet the Health Center’s income guidelines. Families and individuals insured by MaineCare, private insurance, or Dirigo Health are welcome. Dental office hours are Monday, Wednesday, and Friday from 8:30 AM to 5:00 PM; Tuesdays 9:30 AM to 7:00 PM; and Thursdays from 9:00 AM to 7:00 PM.

## **SECTION II. STATE-FUNDED ASSISTANCE PROGRAMS**

Medical and dental benefits available through the State Department of Health & Human Services, Office of MaineCare Services (formerly Bureau of Medical Services):

### **A. General Information**

MaineCare provides medically necessary benefits to eligible persons of all ages. Benefits are subject to policy regulations because they are funded with federal and state monies.

The following people may be eligible for medical benefits through MaineCare:

- Persons who receive Temporary Assistance to Needy Families (TANF)
- Persons who receive Supplemental Security Income (SSI)
- Families with dependent children
- Persons who are elderly, blind, or disabled

- Individuals under age 21
- Pregnant women
- Persons in need of nursing home care
- Persons who are in a foster home or boarding home

**Applications for MaineCare are available at any DHHS office or by calling toll free 1-877-543-7669.**

- After reviewing the application and circumstances, DHHS staff will determine eligibility.
- For the office nearest you, see the listing at the end of this section.
- Individuals having other health insurance such as Medicare or Anthem Blue Cross/Blue Shield may also be eligible for MaineCare.

**Note: Dental Providers are not required to participate in MaineCare.** They may choose to accept MaineCare members or not. **MaineCare Member Services provides assistance in finding dental providers for MaineCare members. The telephone number is 1-800-977-6740.**

**See part B** in this section for more information about benefits for individuals under age 21. Please note that MaineCare pays enrolled dental providers directly for covered benefits. Providers cannot charge members for the difference between their usual fee and the MaineCare payments for covered benefits. They can charge for non-covered benefits.

**B. MaineCare Dental Services for Children and Young adults (under age 21)**

- Children and young adults under age 21 are covered for preventive, routine, and some specialized dental services.
- Orthodontic treatment requires written approval by MaineCare’s Prior Authorization Unit before it takes place. The telephone number is 1-800-321-5557, extension 7-2033.
- MaineCare Member Services helps to obtain dental services through Prevention and Health Promotion Benefits for Members under age 21 (formerly know as EPSDT)].
- Member services can help with getting transportation, setting up medical and dental appointments, finding a physician or a dentist, and answering questions about MaineCare benefits.
- For more information, call Member Services toll-free at 1-800-977-6740 (TDD/TYY: 1-800-977-6741).

**For more information or to get an application, contact the DHHS office nearest you (see list), or phone toll-free at 1-877-543-7669. You can also visit the Department of Health & Human Services website at <http://www.maine.gov/dhhs/DHSaddresses.htm>**

**C. MaineCare Dental Benefits for Members age 21 and over:**

- MaineCare covers treatments to relieve pain, eliminate acute infection and/or prevent imminent tooth loss for members age 21 and over. For example, if an individual has a tooth that is causing pain, MaineCare will pay for either treatment and restoration or extraction of that tooth. Prior authorization may be needed for certain procedures.
- Medically necessary treatment for periodontal disease is covered in cases of acute necrotizing ulcerative gingivitis (A.N.U.G.), a particularly severe infection. Prior Authorization is not required when this diagnosis is justified.
- With prior authorization, other services may be covered if justification of medical necessity and cost effectiveness is submitted to the Prior Authorization Unit. The cost of dental services must be

compared to the costs of ongoing medical care, which exists or may develop as a result of the need for the requested dental services.

**For more information:**

- **Providers may contact the Provider Relations Unit at the Bureau of Medical Services at 1-800-321-5557.**
- **MaineCare members may call Member Services at 1-800-977-6740**

**REGIONAL OFFICES  
OF THE  
DEPARTMENT OF HEALTH & HUMAN SERVICES**

35 Anthony Ave  
OIAS – SHS #11  
**Augusta 04330-0011**  
Tel: 624-8000  
Toll Free: 800-452-1926

11 High Street  
**Houlton 04730**  
Tel: 532-5000  
Toll Free: 800-432-7338

396 Griffin Rd  
**Bangor 04401**  
Tel: 561-4100  
Toll Free: 800-432-7825

200 Main Street  
**Lewiston 04240**  
Tel: 795-4300  
Toll Free: 800-432-7846

208 Graham Street  
**Biddeford 04005**  
Tel: 286-2400  
Toll Free: 800-322-1919

13 Prescott Drive  
**Machias 04654**  
Tel: 255-2000  
Toll Free: 800-432-7520

392 South Street  
**Calais 04619**  
Tel: 493-4000  
Toll Free: 800-622-1400

161 Marginal Way  
**Portland 04101**  
Tel: 822-2000  
Toll Free 800-432-7520

30 Skyway Drive –Unit 100  
**Caribou 04736**  
Tel: 546-3444  
Toll Free: 800-432-7366

91 Camden Street-Suite 103  
**Rockland 04841**  
Tel: 596-4200  
Toll Free: 800-432-7802

17 Eastward Lane  
**Ellsworth 04605**  
Tel: 667-1600  
Toll Free: 800-432-7832

890 Main Street – Suite 208  
**Sanford 04073**  
Tel: 596-4200  
Toll Free: 800-482-0790

114 Corn Shop Lane  
**Farmington 04938**  
Tel: 778-8400  
Toll Free: 800-442-6382

98 North Street Suite 10  
**Skowhegan 04976**  
Tel: 474-4800  
Toll Free: 800-452-4602

137 Market St  
**Fort Kent 04743**  
Tel: 834-7700  
Toll Free: 800-432-7340

243 Main Street- Suite 6  
**South Paris 04281-9901**  
Tel: 744-1200  
Toll Free: 888-593-9775

**SECTION III. - OTHER RESOURCES**

## Resources

### American Indian/Alaska Native Tribal Programs

Aroostook Band of Micmacs - Micmac Service Unit, Presque Isle  
Houlton Band of Maliseet Indians, Houlton  
Passamaquoddy Tribe of Indian Township, Princeton  
Passamaquoddy Tribe of Pleasant Point, Perry  
Penobscot Indian Nation, Old Town

### Area Agencies on Aging

Aroostook Area Agency on Aging, Presque Isle  
Senior Spectrum, Central Maine, Agency on Aging, Augusta  
Eastern Area Agency on Aging, Brewer  
Southern Maine Agency on Aging, Portland  
Western Area Agency on Aging, Lewiston

Maine Department of Health & Human Services, Oral Health Program, Augusta

Maine State Board of Dental Examiners, Augusta

Maine Dental Association, Manchester

Cole Family Foundation Orthodontic Project

Donated Dental Services Program

Rural Community Health Centers (general)

Senior-Dent

State-wide Resources

Other Suggestions

## Program Descriptions

### **American Indian/Alaska Native Tribal Programs**

The following tribal programs located in Maine currently offer direct and/or referral medical or dental services for registered members of federally recognized American Indian/Alaska Native tribes. These are tribally directed programs, and each may differ significantly in eligibility requirements and ability to provide services. Contact should be made with the individual program's Health Administrator to determine the specific services available.

### **Micmac Service Unit**

8 Northern Road  
Presque Isle, ME 04769  
Tel: 764-1792

The Micmac Family clinic will service the primary health care needs of eligible tribal members living in Aroostook County. Please call for current information regarding eligibility for services.

**Houlton Band of Maliseet Indians**

Tribal Health Program  
88 Bell Road – Suite 2  
Littleton ME 04730  
Physical Location: 12 Clover Circle, Houlton ME  
Tel: 532-4229  
1-888-594-8272

Clinic available with direct health services on Monday, Tuesday , Wednesday and Friday, 8:00 AM to 4:00 PM, and Thursday, 10:00 AM to 6:00 PM. Dental services through contract providers. Must be a member of a federally recognized Indian Tribe.

**Passamaquoddy Tribe of Indian Township**

Indian Township Health Center  
P.O. Box 97  
Princeton, ME 04668  
Tel: 796-2322 (clinic)

Direct medical and dental care plus contract referral for qualified federally recognized Native Americans.

**Passamaquoddy Tribe of Pleasant Point**

Pleasant Point Health Center  
P.O. Box 351  
Perry, ME 04667  
Tel: 853-0644 (health center)

The Passamaquoddy Tribe of Pleasant Point accepts any federally recognized Native American. Direct medical and dental care services can be received at Pleasant Point Health Center with correct identification.

**Penobscot Nation Health Department**

23 Wabanaki Way  
Indian Island  
Old Town, ME 04468  
Tel: 817-7400

Direct medical and dental care for federally recognized Native Americans plus contract referral care for eligible tribal members.

**Area Agencies on Aging**

Area Agencies on Aging may be able to provide assistance in locating sources of dental care. They also determine eligibility for Senior-Dent, a program that offers dental care to low-income elderly persons at reduced fees. See page 24 for a description of Senior-Dent.

**Aroostook Area Agency on Aging**

(Aroostook County)  
33 Davis Street

P.O. Box 1288  
Presque Isle, ME 04769  
Tel: 764-3396 or 1-800-439-1789  
Office Hours: 8:00 AM - 4:30 PM

**Senior Spectrum - Central Maine's Area Agency on Aging**

(Kennebec, Somerset, Knox, Lincoln, Waldo and Sagadahoc Counties)

One Weston Court  
P.O. Box 2589  
Augusta, ME 04338-2589  
Tel: 622-9212 or 1-800-639-1553  
Office Hours: 8:00 AM – 4:30 PM

**Eastern Area Agency on Aging**

(Penobscot, Piscataquis, Washington, and Hancock Counties)

450 Essex Street  
Bangor, ME 04401  
Tel: 941-2865 or 1-800-432-7812  
Fax: 941-2869  
Office Hours: 8:00 AM - 4:30 PM

**Southern Maine Agency on Aging**

(Cumberland and York Counties)

136 US Route 1  
Scarborough ME 04074  
Tel: 396-6500 or 1-800-427-7411  
Fax: 883-8249  
Office Hours: 8:00 AM - 4:30 PM

**Seniors Plus – Western Area Agency on Aging**

(Androscoggin, Franklin, and Oxford Counties)

8 Falcon Road  
P.O. Box 659  
Lewiston, ME 04243-0659  
Tel: 795-4010 or 1-800-427-1241  
Office Hours: 8:00 AM - 5:00 PM

**Maine Department of Health & Human Services, Oral Health Program**

11 State House Station  
Key Plaza, 5<sup>th</sup> Floor  
Augusta, ME 04333-0011  
Tel: 287-2361  
Fax: 287-7213

The Oral Health Program cannot provide clinical dental services or financial assistance. However, dental health information and limited information and referral services are provided. For questions about using this directory, contact the Program.

### **Maine State Board of Dental Examiners**

143 State House Station  
Augusta, ME 04333-0143  
Tel: 287-3333

The Board of Dental Examiners can provide information on the Maine State Dental Practice Act and licensure of dentists, dental hygienists, dental radiographers, and denturists. This Board also handles complaints regarding these professionals.

### **Maine Dental Association**

P.O. Box 215  
Manchester, Maine 04351  
Tel: 622-7900 Fax: 622-6210  
Contact Person: Frances Miliano, Executive Director

The Association does not provide clinical services, financial assistance, or direct referrals. Only information on the Association's programs and activities are provided.

### **Cole Family Foundation Orthodontic Project**

Referring dentist may call:  
Maine Dental Association  
P.O. Box 215  
Manchester, ME 04351  
Tel: 622-7900  
Contact Person: Frances Miliano, Executive Director

This project, a partnership between the private Cole Family Foundation and the Maine Dental Association (MDA), is designed to help provide orthodontia (braces) for 25 to 30 Maine children a year, in cases where no other funds are available. Children from low-income families who do not qualify for any government program (such as MaineCare) may be eligible. The Foundation will reimburse up to 70% of the orthodontist's usual fee, which the provider is required to accept as total payment, so there will be no cost to the child's family. Cases are referred from dentists and selected for approval by a panel of Maine Dental Association members; financial eligibility is determined by the Foundation. **Referrals to this program must come from a dentist** (self-referrals from patients will not be considered). Dentists should contact the Maine Dental Association and request the information packet for the Cole Family Foundation Orthodontic Project.

### **Donated Dental Services Program**

This program offers free comprehensive dental care to needy disabled, aged and medically compromised individuals by dentists who volunteer their services. The program serves disabled and elderly people who cannot afford needed treatment and have no other way of getting help. Each person's condition must be severe enough to prohibit or significantly limit gainful employment, and they must need extensive treatment rather than only a cleaning or check-up. In addition, they can neither afford dental care nor get it through other programs. Each patient receives services through this program only once. When all needed work is completed, the case is closed. Patients are restored to oral health, but they are responsible for maintaining it.

The Donated Dental Services Program is sponsored by the Maine Dental Association, partially funded by the Maine State Legislature, and administered through a contract with the National Foundation of Dentistry for the Handicapped. Contact the DDS Program referral coordinator at 1-800-205-5615 for more information, or to obtain an application.

## **Rural and Community Health Centers**

Community health centers may be able to assist individuals in obtaining dental care through agreements with local providers or other arrangements. Each health center has its own policies and procedures. For information about a specific rural community health center, call the center directly, or contact the Maine Primary Care Association at 73 Winthrop Street, Augusta, ME 04330 Tel: (207) 621-0677.

Several community health centers provide clinical dental services on site. Those who provided information are listed in this directory by region with the other services in their area.

## **Senior-Dent**

Senior-Dent is a Maine Dental Association program that offers comprehensive dental care to low-income elderly persons at reduced fees. Maine citizens who are age 62 or older, have no dental benefits under a private insurance plan or the MaineCare program, and whose annual income qualifies them for Maine's Low-Cost Drug program, are eligible to enroll in Senior-Dent. Persons who qualify for Senior-Dent will receive a **minimum discount of 15 percent** from the usual and customary fees of participating dentists on all dental services.

Maine's Area Agencies on Aging can provide further information about Senior-Dent and can determine if an individual is eligible to receive dental care at reduced fees. For more information, contact the nearest Agency (see page 22 for list).

## **State-wide Resources**

By state-wide resources, we mean those that **may not impose geographic or residence restrictions** as a condition for receiving services. To our knowledge, at the time this directory is going to print, the clinics, health centers and agencies listed below may see any Maine resident, regardless of where he or she lives. However, they may not offer out-of-area patients a sliding fee scale, or may otherwise limit services; for example, they may accept MaineCare but otherwise have restrictions, or see only children. **Be sure to ask about any restrictions** with a potential service provider at the time an appointment is being made.

Dental Health Programs, University College, Bangor	p. 11
Community Dental – Farmington	p. 6
Community Dental – Lewiston	p. 2
Community Dental – Portland	p. 5
Community Dental – Saco	p. 16
Community Dental – Sanford	p. 15
Community Dental Center, Waterville	p. 8
Eagle Lake Health Center, Eagle Lake	p. 3
Harrington Family Health Center, Harrington	p. 15
Health Access Network Family Dental Care	p. 11
Maine Oral Health Solutions	p. 9
MaineCare Member Services	p. 17
Regional Medical Center, Lubec	p. 15
The Garcelon Memorial Children's Dental Center	p. 8
The Penobscot Bay Children's Dental Center	p. 13
The Western Maine Children's Dental Center	p. 3
University of New England, Dental Hygiene Dept., Portland	p. 5

**Preventive Dental Hygiene programs** offer a range of preventive services provided by registered dental hygienists practicing under Public Health Supervision status. They provide services via contracts and other arrangements with schools, Head Start and WIC agencies, other community agencies such as Boys & Girls Clubs, and others.

- Prevention Partners, Inc. – primarily southern & central Maine, also statewide (633-9716)
- Maine Oral Health Solutions, Inc. - Early Smiles & Maine Smiles Programs – statewide (622-2400)
- Tooth Fairies, Inc. – primarily western Maine (754-8784)
- Maine Dental Health Out-Reach, Inc. – based in Winthrop, works with surrounding school systems (377-7003)
- Saving Smiles, Inc. – central Maine and Waldo County (445-2852)

### **Other Suggestions**

Other sources of help in finding dental services include public health or community health nurses, local hospitals, other health providers, or health and social services agencies in the area. Staff at these agencies often have the best knowledge about what is currently available; for example, they often know who might be accepting new MaineCare patients. For those people who cannot afford to pay "out of pocket," finding a way to pay for dental services is difficult. Options for financial assistance currently are extremely limited. Here are some suggestions:

- Town health officers and/or town health councils, where they are active, can be asked for assistance in special circumstances.
- Local service clubs (such as the Kiwanis or Lions, etc.) can be approached about funding in individual cases.
- Town managers or town welfare directors should be asked about covering dental services under the General Assistance program.
- If individuals are currently receiving other kinds of services (vocational rehabilitation, welfare, employment training, etc.), the outreach worker or social worker should be consulted to find out if dental care can be provided or funded as part of those services.

## Acknowledgments

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