

## Resources Specifically for Teachers / School Counselors Compiled by Michelle Sherman, Ph.D., Nov, 20, 2006

### BOOKS For Youth

#### Coping with Deployment:

*A Very Long Time* (2005). [for kids ages 4-8; picture book for children whose parents are deployed].  
Geri Timperley and Nikki Arro

*Daddy, You're My Hero! // Mommy, You're My Hero!* (2005). [for kids ages 4-8]  
Michelle Ferguson-Cohen

*While You Are Away* (2004). [for kids ages 4-8; picture book for children whose parents are deployed].  
Eileen Spinelli and Renee Graef

*Uncle Sam's Kids: When Duty Calls.* (2003). [for kids ages 5-11 focusing on deployment issues].  
Angela Sportelli-Rehak

*Deployment Journal for Kids* (2005). Rachel Robertson

#### Coping with the Aftermath of Trauma / Reintegration / Grief:

*Finding My Way: A Teen's Guide to Living with a Parent Who has Experienced Trauma.* (2005). [for kids ages 12-18]  
Michelle D. Sherman, Ph.D. and DeAnne M. Sherman.  
(available at [www.seedsofhopebooks.com](http://www.seedsofhopebooks.com))

*Helping Children Cope with the Challenges of War and Terrorism.* [for kids ages 7-12]  
Annette M. LaGreca, Ph.D., et al. 7-Dippity.  
Entire Book is available for download: [www.7-dippity.com/other/UWA\\_war\\_book.pdf](http://www.7-dippity.com/other/UWA_war_book.pdf)  
Supplement (for using with school classes or groups):  
Available at [www.7-dippity.com/other/Supplement.pdf](http://www.7-dippity.com/other/Supplement.pdf)

*The Hero in My Pocket.* [for kids ages 6-12 whose parent has died while in the the line of duty].  
Marlene Lee.

### Coloring Books / Activity Pamphlets

#### *Channing Bete*

Interactive pamphlets on a variety of topics such as: mission readiness, deployment, reintegration, making the most of military family life, military policies and procedures (e.g., "Know What? I'm Ready for Reunion!" and "Military Family Wellbeing" and "Your Parent is Coming Home!")  
[www.channing-bete.com/military](http://www.channing-bete.com/military)

#### *The Bureau for At-Risk Youth*

"I'll Miss You" and "Welcome Home!" (coloring / activity pamphlets on deployment and homecoming). Available at: 1-800-99-YOUTH

### **WEBSITES FOR YOUTH:**

Guard Family Youth Website  
[www.guardfamilyyouth.org](http://www.guardfamilyyouth.org)

Deployment Kids  
[www.deploymentkids.com](http://www.deploymentkids.com)

## **WEBSITES FOR EDUCATORS:**

The Military Child Initiative:

Executive Summary

<http://www.jhsph.edu/mci/resources/Exec%20Summary%20R3.pdf>

Ten Tips for Parents:

<http://www.jhsph.edu/mci/resources/Ten%20Tips%20for%20parents.pdf>

Ten Tips for Teachers:

<http://www.jhsph.edu/mci/resources/Ten%20Tips%20for%20teachers.pdf>

Ten Tips for Administrators:

<http://www.jhsph.edu/mci/resources/Ten%20Tips%20for%20administrators.pdf>

Educator's Guide to the Military Child During Deployment:

[http://www.militarystudent.dod.mil/k12images/upload/educator\\_guide.pdf](http://www.militarystudent.dod.mil/k12images/upload/educator_guide.pdf)

Military Students on the Move: School Leader's Toolkit

[http://www.militarystudent.dod.mil/SchoolLeadersToolkit\\_0406.pdf](http://www.militarystudent.dod.mil/SchoolLeadersToolkit_0406.pdf)

The "So Far" Guide to Helping Children and Youth Cope with the Deployment of a Parent

[http://www.pcfine.org/sofarandguard/sofar\\_children\\_pamphlet.pdf](http://www.pcfine.org/sofarandguard/sofar_children_pamphlet.pdf)

Promising Practices:

Created by DoD and the Military Impacted Schools Association, this highlights excellence in educational practices associated with the military child

[http://www.militarystudent.dod.mil/portal/page/portal9x/K12APPL/EDUCATORS/PROMISING\\_PRACTICE\\_BOOK?pgm=0&cat=0](http://www.militarystudent.dod.mil/portal/page/portal9x/K12APPL/EDUCATORS/PROMISING_PRACTICE_BOOK?pgm=0&cat=0)

## **VIDEOS:**

*Talk, Listen, Connect: Helping Families During Military Deployment.* Sesame Street DVD, parent/caregiver magazine and children's activity poster.

Available for free for active duty folks through Military OneSource (1-800-342-9647) OR website: [www.sesameworkshop.org/tlc](http://www.sesameworkshop.org/tlc)

*Youth Coping With Military Deployment: "Promoting Resilience in Your Family" and Mr. Poe and Friends.* American Academy of Pediatrics. Video from Operation Purple summer camp with interviews by kids.

Available: <http://www.aap.org/sections/unifserv/deployment/ysp-resources.htm>

## **OTHER:**

*Operation Purple* -- free summer camps for military kids  
Hosted through the National Military Family Association

[www.operationpurple.com](http://www.operationpurple.com)