



# NAMI ALERT

Official Newsletter of NAMI Franklin County  
National Alliance on Mental Illness

4100 North High St., Suite 103, Columbus, OH 43214 Ph: 614-262-0114 Fax: 614-262-0149

Visit our new website at: [www.namifranklincounty.org](http://www.namifranklincounty.org)

**April/May/June  
2007**

## ANOTHER SUCCESSFUL WALK! THANK YOU SUPPORTERS, WALK TEAMS, WALKERS AND VOLUNTEERS !

The Franklin County NAMIWALKS for the Mind of America held in Columbus on May 5, 2007, was another successful event! We were honored to have City Councilwoman Charleta Taveres serve as Master of Ceremonies for this year's event (pictured at right cutting the ribbon, with NAMI FC President, Janet Shaw, looking on) which included nearly 800 participants! There was something for everyone at this year's Walk, including our DJ, Richard Hast, a clown, face painting, Camille's



Sidewalk Café right on the spot serving food and beverages, and two wonderful MC's who spoke about NAMI and its mission. We also had the best medical team on site with S.R. Thorward MD, along with his son and daughter-in-law, Dan and Ginny Thorward, both paramedics (pictured above). In addition to providing first-aid, Dan and Ginny provided free blood pressure and glucose screenings. Once again, we gave away prizes to the team and

individuals with the best t-shirts, as well as those who had raised the most funds! *Mindful Meanders* from North Central Mental Health (several of whom are pictured below at bottom left) and *I heart KMS* won first and second place respectively with best t-shirts, while *Riccio Racers* (Karen Riccio) and *Rory McGuinness* raised the most funds individually for NAMIWALKS 2007!



To date, we have raised more than \$80,000 for education, outreach, support, and advocacy.

Dollars are still rolling in, so if you would like to make a donation, you may do so by sending it to: **NAMI Franklin County 4100 N. High Street, Suite 103 Columbus, OH 43214.**

A big THANK YOU to Julie Furj, NAMI FC Walk Coordinator/new Executive Director and Anne (both pictured above) & David Robinson, and Judy Cavender for once again going above and beyond to ensure another great Walk!

Inside this issue:

*Kroger Will Donate 3  
5% to NAMI FC*

*Family-to-Family 3  
Fall Class Schedule*

*Ohio's Involuntary 4  
Commitment Law*

*Support Groups 6*

*Ask the 6  
Professional*

*Leaping to Help 6  
NAMI*

*Meet our Office 7  
Manager, Judy  
Cavender*

On behalf of the NAMI Franklin County Board, we are pleased to inform you that Julie Furj, who served as the 2007 Walk Coordinator, has accepted the position of Executive Director! Julie will take over the responsibilities previously handled by Anne Robinson (thank you again Anne) as well as some new responsibilities as we consider new opportunities to achieve our mission in serving the needs of family members!

Please join us in welcoming Julie!





## NAMIWALKS 2007—THANK YOU SPONSORS AND TEAMS!

We would like to thank everyone who sponsored the NAMI Franklin County Walk for the Mind of America this year. Without these organizations, businesses, agencies, and individuals, NAMIWALKS 2007 could not have been successful!

On behalf of the board and staff, we encourage you to take some time to say "thank you" to our sponsors for supporting NAMI Franklin County and its efforts to bring awareness to the issues surrounding mental health!

### **NAMI FRANKLIN COUNTY**

*Julie Furj, Executive Director  
Judy Cavender, Office Manager*

#### **BOARD**

*Janet Shaw, President  
Bob Schmidt, 1st Vice Pres.  
Greta Kearns, Secretary  
Gene Wells, Treasurer  
Jeff Brown  
Nancy Kincaid  
Bill Resch, D.O.  
David Robinson  
Laura Thielbar  
S.R. Thorward, M.D.*

#### **NAMI OHIO**

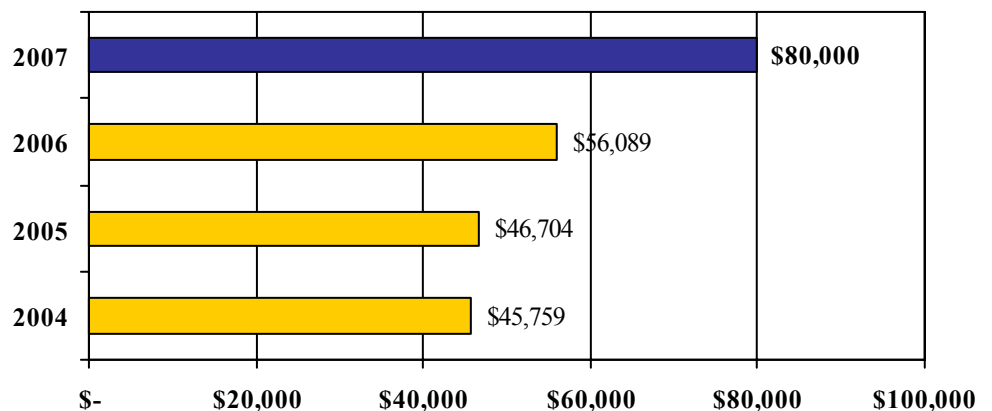
*Harvey Snider, President  
Jim Mauro, Executive Director  
747 E. Broad Street  
Columbus, OH 43205  
(614) 224-2700  
www.namiohio.org*

#### **NAMI NATIONAL**

*Suzanne Vogel-Scibilia, M.D.,  
President  
Mike Fitzpatrick,  
Executive Director  
Colonial Place Three  
2107 Wilson Blvd., Suite 300  
Arlington, VA 22201-3042  
www.nami.org*

- |   |   |
|---|---|
| ADAMH of Franklin County                    | Ohio Health Behavioral Health               |
| Brown Calabretta Architects                 | Ohio Psychiatric Physicians Association     |
| Brown Shoes                                 | PPG Industries Ohio                         |
| Camille's Sidewalk Café                     | Patio Printing                              |
| Cardinal Health Foundation                  | Psychiatric Society of Central Ohio         |
| Central Ohio Vocational Alternatives (COVA) | Robinson Family                             |
| Colliers Turley Martin Tucker               | Carol Rudder                                |
| Columbia Gas of Ohio                        | SAMS Club                                   |
| Columbus Area Mental Health                 | Phyllis and Myron Schwartz                  |
| Consumer Credit Counseling Svcs. (CCCS)     | Signature Control Systems                   |
| Maureen Delphia, MD                         | Southeast, Inc.                             |
| Just for Looks Salon                        | Spork Design Inc                            |
| Greta Kearns                                | Squires Sanders & Dempsey                   |
| Kroger Pickerington                         | Starbucks                                   |
| The Lynn – Wardlow Family                   | Survivors of Suicide Laura and Bob Thielbar |
| Maryhaven                                   | Tri-Village Sertoma                         |
| Matrix Psychological Services               | V Day Salon in Pickerington                 |
| Mental Health America of Franklin County    | VFW of Ohio Post # 9857                     |
| Netcare Access                              | Wal-Mart Foundation                         |
| OSU Harding Dept. of Psychiatry             | Wells Fargo Insurance Services              |

***Another record-breaking year for the NAMI walk!  
\$80,000 and still counting!***



## KROGER WILL DONATE 5% OF WHAT YOU SPEND TO NAMI!

What is a great fund raiser? One where you don't have to do any extra work, it doesn't cost you anything and you get a donation simply for doing what you would normally do anyway!

**If you shop at Kroger, you can generate funds for NAMI.** The **Kroger Cares Program** donates 5% of what you spend to our organization. To give you some idea of how much this can add up to, the NAMI affiliate in Athens County is currently generating enough to raise over \$1,000 a month. They will generate over a \$12,000 contribution from Kroger for the year!!!

We have cards available for \$5 worth of groceries. Simply purchase one of the cards from us, then add any additional dollar amount you want to the card when you do your shopping.

These cards are good for all purchases, including gasoline, and are good at any Kroger store in the United States. No matter where your card is used, the proceeds still come back to Franklin County.

If you plan on spending \$100 when you shop, you can put that amount on the card

when you are getting ready to check out. The cashier will scan the card and your receipt will tell you how much you spend and how much you still have left to use on the card.

You can put any amount on the card you wish (by cash, check or charge). The only stipulation is that this must be a separate transaction from ringing up your groceries. So when you get in line to check out, give the card to the cashier **before** they start to scan your groceries.

It is that easy. Kroger will send a donation to NAMI Franklin County every four weeks based on how much we spend.

Remember, the Kroger Cares Program Cards are good at any Kroger throughout the states, so get one for yourself, your neighbors, and your relatives!

The key to this being successful is to get a large number of people to use them. The Athens affiliate currently has about 90 individuals using them each month generating those nice donation checks every four weeks. **Start using your card now and begin generating some of those funds for NAMI of Franklin County.** ♥



### *A Word from Community Health Charities of Ohio*

If you are employed by any of the following organizations:

- Federal Government
- State of Ohio
- Franklin County
- City of Columbus
- The Ohio State University
- COTA

You may designate a contribution directly to NAMI Franklin County in your employee giving campaign.

To find the appropriate code number to use, consult your campaign guide or look for us under the Community Health Charities of Ohio listing or find our name in the index.

By designating your gift through the workplace, you provide much needed financial support for the programs and services provided.

Contact Community Health Charities at 614-228-2566.

## FREE FAMILY-TO-FAMILY CLASSES FALL SCHEDULE

This free 12-week family education course provides the knowledge and skills family members need to effectively cope with and support a loved one that suffers with a mental illness. Participants learn about diseases (i.e., depression, bipolar disorder, schizophrenia, etc.) and treatment options (including different types of therapies and medications), how to communicate more effectively with their loved one, how to recognize "early warning signs" of relapse, how to navigate the mental health system and how to take care of themselves. Call the NAMI Franklin County office to register for the free classes. ♥

**All class times are 7 p.m. to 9:30 p.m.**

#### **North Location**

NAMI Franklin County Office  
4100 N. High Street, Suite 103  
Columbus, OH 43214

Tuesdays, Aug. 28—Nov. 13  
Wednesdays, Aug. 29—Nov. 14

#### **East Location**

NAMI Ohio  
747 E. Broad Street  
Columbus, OH 43205

Thursdays, Aug. 30—Nov. 15



# OHIO'S INVOLUNTARY CIVIL COMMITMENT LAWS *by Greta M. Kearns, JD*

Ohio Legal Rights Service can provide additional valuable information about Ohio's mental health and civil commitment laws at:

[www.olrs.ohio.gov](http://www.olrs.ohio.gov)

/OLRS Publications/By Topic/Civil Commitment

Ohio Legal Rights Service  
50 West Broad Street  
Suite 1400

Columbus, Ohio 43215-5923

Phone: 614-466-7264 or

1-800-282-9181

(Toll free in Ohio only)

Fax: 614-644-1888

In the aftermath of the Virginia Tech tragedy last month, the news media seized on a temporary detention order from 2005 in which a court had found that Seung-Hui Cho was mentally ill and presented an "imminent danger to self or others." Many questioned why Mr. Cho was not forced to undergo exten-

*Family members ... are often shocked and horrified to discover that their loved one is able to voluntarily check himself or herself out of the hospital, just when s/he needs treatment desperately.*

sive inpatient psychiatric treatment, under the assumption that such treatment would have prevented the mass murder and suicide. Regardless of Mr. Cho's mental condition or motivations for his behavior, the tragedy brought to light an important topic for people with a mental illness and their family members: involuntary civil commitment laws and an individual's due process rights.

Family members who have a loved one with mental illness frequently become frustrated with the involuntary commitment laws. They are often shocked and horrified to discover that their loved one is able to voluntarily check himself or herself out of the hospital, just when s/he needs treatment desperately. Although this may seem unfair or wrong in many circumstances, these laws were designed to strike a balance between an individual's constitutional rights and our society's responsibility to take care of people who are unable to care for themselves.

### Constitutional Rights and Deinstitutionalization

Historically, individuals with mental illness were routinely institutionalized against their will and had few constitutional rights. Deinstitutionalization of the mental health system in this country was the result of several large forces in our society, one being the civil rights movement in the courts. The Fourteenth Amendment to the U.S. Constitution – the Due Process Clause – provides that no person shall be deprived of life, liberty or property without due process of law. In 1975 in the case of *O'Connor v. Donaldson*, the Supreme Court determined that a state's

power to involuntarily commit persons for psychiatric care was limited by the Due Process Clause.

In *O'Connor v. Donaldson*, a man with schizophrenia had traveled to Florida to visit his elderly parents. His father became concerned about his son's paranoid delusions and petitioned the court. As the re-

sult of a sanity hearing, the son was committed to an understaffed and overcrowded state hospital, housed with dangerous criminals, and reportedly did not receive treatment during his year and one-half stay. Additionally, he had not been given legal counsel at his commitment hearing. The Supreme Court, recognizing that persons with mental illness have constitutional rights, held that his commitment under these circumstances was a violation of the Due Process Clause.

As the result of language in the *O'Connor v. Donaldson* decision, the "danger to self or others" legal standard was born. Virtually every state, including Ohio, has a statute permitting individuals to be involuntarily committed if the individual poses a danger to himself or others.

### Ohio Civil Commitments

Ohio's statute, found in Chapter 5122 of the Ohio Revised Code, is typical of those found in many states – it sets a very high legal standard to involuntarily commit a person for psychiatric treatment:

(A) "Mental illness" means a substantial disorder of thought, mood, perception, orientation, or memory that grossly impairs judgment, behavior, capacity to recognize reality, or ability to meet the ordinary demands of life.

(B) "Mentally ill person subject to hospitalization by court order" means a mentally ill person who, because of the person's illness:

- (1) Represents a substantial risk of physical harm to self as manifested by evidence

*continued*

- of threats of, or attempts at, suicide or serious self-inflicted bodily harm;
- (2) Represents a substantial risk of others as manifested by evidence of recent homicidal or other violent behavior, evidence of recent threats that place another in reasonable fear of violent behavior and serious physical harm, or other evidence of present dangerousness;
- (3) Represents a substantial and immediate risk of serious physical impairment or injury to self as manifested by evidence that the person is unable to provide for and is not providing for the person's basic physical needs because of the person's mental illness and that appropriate provision for those needs cannot be made immediately available in the community; or
- (4) Would benefit from treatment in a hospital for the person's mental illness and is in need of such treatment as manifested by evidence of behavior that creates a grave and imminent risk to substantial rights of others or the person.

Section 5122(B) (1)-(4) above outlines the involuntary commitment standard, and the language in the statute speaks for itself; it is exceedingly difficult for someone to be involuntarily committed for psychiatric treatment.

**Interim Measures and Commitment Hearing**

As an interim measure, the statute allows certain medical professionals and law enforcement authorities to transport and temporarily take custody of someone believed to be mentally ill and a danger to himself or others. This is called "emergency hospitalization" or "judicial hospitalization." The person believed to be mentally ill has many rights under these circumstances (see box at right).

Generally the involuntary commitment hearing must be held within the first 30 days of detention. Some counties conduct an initial and full hearing, while others simply conduct the full hearing. The person has a right to notice of the hearing and an attorney, even if

s/he cannot afford one. Moreover, in preparation for the hearing, the person has the right to make telephone calls to a lawyer, doctor, or psychologist, as well as an independent expert mental evaluation. Finally, if commitment is justified, it must be in the least restrictive setting – ranging from a local mental health board or agency to an inpatient psychiatric hospital.

**Criticisms of the Law**

Mental health advocates feel strongly that persons with a mental illness should be treated with dignity and respect and afforded all their constitutional rights. As the result of mental health reform, the situation that occurred in *O'Connor v. Donaldson* would not likely occur today. However, the laws governing psychiatric treatment of individuals, particularly involuntary treatment, have been the subject of much criticism. Some believe that when the mental health system was deinstitutionalized, people were simply shifted to the criminal justice system – a phenomenon called "criminalization."

*Unfortunately, as the number of inpatient psychiatric institutions has dramatically declined, many people with serious mental illness are on the streets, untreated.*

Indeed, the population of prisons and jails has exploded, and a high percentage of inmates have mental illness. Community mental health services are stretched too thinly and struggle to serve their populations adequately or effectively. Finally, family members stand by and watch painfully, often powerless to do anything, as their loved ones exercise their constitutional right to refuse treatment.

Despite all these pros and cons, the mental health laws are unlikely to change dramatically anytime soon. Individuals and family members should strive to understand the laws as a delicate balance between protecting individual rights and taking care of a society's members who may be unable to care for themselves.♥

*The author, Greta M. Kearns, is Secretary of the Board of Directors of NAMI Franklin County. Ms. Kearns is an attorney with the law firm of Squire, Sanders & Dempsey L.L.P. While she does not practice in this area of the law, she has a strong personal interest in community mental health issues.*

**Ohio's Involuntary Commitment Law**

The person believed to be mentally ill has many rights under these circumstances:

- 1) The person has a right to be transported in the least conspicuous manner possible – an effort to maintain the person's dignity.
- 2) S/he must be advised that the purpose of the custody is not arrest but a mental examination, and must be given the name of the facility.
- 3) Once in custody, the person must be examined (or transferred to a psychiatric hospital) within 24 hours.
- 4) Generally, people cannot be kept more than three (3) business days without the hospital filing an affidavit to involuntarily commit the person.
- 5) Once the affidavit is filed, the process is set in motion for a commitment hearing.

The Due Process Clause guarantees a full hearing to determine if the person has a mental illness and is an immediate danger to self or others.



**SUPPORT GROUPS**

(for patients)

**Schizophrenics Anonymous**

NORTH: Every Monday 5:30–7:00 PM  
Worthington United Methodist Church  
600 N. High St., Room 300

NORTHEAST: Every Wed., 5:00 PM  
Concord Counseling, for more info,  
call Hugh Michaels, 614-882-9338,  
Ext. 207

EAST: Weekdays 2:30–3:30 PM  
Pathway Clubhouse - 1203 E. Broad  
St. For more information call Mike  
Stalego 614-251-7820

CENTRAL: Every Friday 1:00–2:00 PM  
Southeast, Inc., 16 W Long St, 2<sup>ND</sup>  
Floor. For more information, call  
Bonnie Baker 614-225-0990, Ext 1158

**For other patient support groups,  
call NAMI FC office at 262-0114**

**Family Support Groups**

(Family members ONLY)

**Families in Touch**

Worthington: 2<sup>nd</sup> & 4<sup>th</sup> Monday  
5:30 – 7:00 PM  
Worthington United Methodist  
Church 600 High St., Room 300

Westerville: 2<sup>nd</sup> & 4<sup>th</sup> Thursday  
10:00 AM – 12 Noon  
Concord, Inc., 774 Park Meadow  
Rd, Westerville (Off Schrock Rd,  
between Cooper Rd & Westerville  
Rd)

Westside Hilltop Library: 4<sup>th</sup> Friday  
of every month 1:20–3:00 PM  
511 South Hague Ave  
(corner Hague & Sullivant)

Twin Valley Behavioral Health  
Family Support Group  
2<sup>nd</sup> Tues. of every month 6:00–7:00  
PM. 2200 W. Broad St., Rm 124  
(Main Entrance)

**Survivors of Suicide Support  
Network of Central Ohio**

Call for locations/times of meetings  
Contact: Dean Turner  
614-402-0004; edean234@aol.com  
or  
Susan Farnham 614-882-6271  
rn32082@aol.com

**ASK THE PROFESSIONAL—**

*Featuring this month ... Mary A. Fristad, PhD, ABPP  
Professor of Psychiatry & Psychology, The Ohio State University*

**Q: How do you know if your child has bipolar? Is there a test for this?**

*A: This is an excellent question. There is no blood test or imaging procedure (e.g., CT scan or MRI) that can "prove" someone has bipolar disorder. As bipolar disorder is a very significant, and most likely long lasting diagnosis, it is important for families to obtain a thorough evaluation from a qualified mental health professional—someone who is familiar with children and with mood disorders. The evaluation should determine whether behavioral and emotional signs are attributable to a medical condition or adverse drug reaction, a temporary reaction to a stressful life event, or a mood disorder. ♥*

**Q: I've heard that bipolar mood disorder can't be diagnosed until late teens. Is this true? Have things changed?**

*A: The 2007 second edition of Goodwin and Jamison's Manic-Depressive Illness: Bipolar Disorders and Recurrent Depression summarizes findings from seven studies (with a total of 2,968 patients) that report the decade of life in which first episodes began. They report the peak age range of onset is 15-19 years, followed closely by the 20-24 year old and 10-14 year old age range. The <10 years category was the 5<sup>th</sup> most common out of 9 age groups reported (p. 124). Clearly, the diagnosis can be made in childhood. ♥*

**LEAPING TO HELP NAMI**

Since 1968, **The Kiwanis Club of Dublin** has been conducting one of the most unique fund raising events: The Annual Dublin Kiwanis Frog Jump. Generations of children have come to this event, and grandparents can now tell stories of when they participated when they were young. To conduct this event, the Kiwanis members will need to go out and catch over 500 frogs to "volunteer" to be at the event. NAMI Ohio Executive Director, Jim Mauro has already committed to going out at night scouring the ponds of Dublin and netting his share of these frogs.

This year, as well as last year, the Dublin Kiwanis will donate \$2,500 of the proceeds from this event to NAMI of Franklin County and NAMI Ohio. In addition, they will provide a tent at the event to serve as an information booth for NAMI Franklin County, to distribute literature and share information about our family education programs. This is a wonderful opportunity to increase awareness and talk about our mission.

The event will be held at Coffman Park in Dublin on **Saturday, June 23**. Volunteers are needed to staff the information tent as well as helping out at the event itself. In addition, if anyone would like to volunteer to help set up on Friday, June 22, they would be more than welcomed by the Kiwanians. For more information, you can visit the Kiwanis web site at [www.dublinkiwanis.com](http://www.dublinkiwanis.com) or you can call Don Piunno at NAMI Ohio at 224-2700. Put on something green and come join us for what will be a hopping good time. ♥

# MEET OUR OFFICE MANAGER

If you've had any contact at all with the NAMI Franklin County, chances are, you've talked with Judy Cavender! Judy has been the office manager for NAMI Franklin County since July 1, 1996, right after NAMI offered its first Family-to-Family class! From scheduling family members into classes, to preparing class materials, to answering hundreds of questions each week from NAMI members and the public, Judy does it all!

Judy grew up in Charleston, WV, worked for state government for 23 years as an administrative assistant, mostly with attorneys.

During that time she also did typing and transcription for court reporters part-time. She has one son who lives in Charleston, WV. Before moving to Columbus and coming to work for NAMI, Judy lived in Baltimore, MD for six years working at Lever Baltimore Plant as a personnel assistant.

Judy enjoys music, poetry, reading, decorating, historical movies/plays and watching NBA basketball! Her constant companion is a 13-year old Himalayan Seal Point cat named Abbey. ♥

# IN OUR THOUGHTS AND PRAYERS

Our thoughts and prayers are with Jane Flewellen and her family at the death of her son Eric last month. Jane is one of our wonderful Family-to-Family teachers and we grieve with her and her family at their loss. May the support and love of family and friends provide a source of strength during this difficult time. ♥

## NAMI FC MEMBERSHIP BENEFITS:

The national NAMI quarterly magazine – *The Advocate* – which includes updates about national efforts.

NAMI Ohio's quarterly newsletter – *News Briefs* – which provides statewide information about advocacy and education.

NAMI Franklin County's bi-monthly newsletter – *NAMI Alert* – which provides local information about education, advocacy and news.

Free educational seminars on a broad range of topics relative to mental illness.

Fact sheets and special information about legislation, services, new research, and other information important to families, consumers, and service providers.

## MEMBERSHIP INFORMATION

Membership in NAMI Franklin County brings a number of benefits. NAMI Franklin County is the only organization in Franklin County whose mission is to support families encountering severe mental illness. We advocate for optimal treatment and services to improve the quality of life for our consumers and their family members. We seek to increase community awareness of brain disorders.

Your membership helps us provide support and referral for families in crisis, inform families and consumers about brain disorders and the mental health system, to dispel common misunderstandings about brain disorders and to monitor services to improve treatment outcomes.

When you join NAMI Franklin County, you are automatically a member of NAMI Ohio and NAMI National!

**Yes! I want to join/renew my membership!**

Enclosed is my check in the amount of:

- \$3 Non-working Consumer Membership
- \$25 Individual Membership
- \$35 Family Membership
- \$45 Professional Membership
- \$45 Agency/ Organization Membership

Name: \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

## MEMORIAL AND TRIBUTE GIFTS

Please circle one:

In Memory / In Honor

Commemorating (please circle one):

- Birthday
- Sympathy
- Holiday
- Recognition
- Graduation
- Anniversary
- Parenthood

Other \_\_\_\_\_

I have enclosed a check in the amount of \$ \_\_\_\_\_

Made payable to: NAMI FC

Please send acknowledgement to:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



*Do you know someone that could benefit from learning more about their loved one's mental illness?*

*If so, have them call the NAMI FC office today at 262-0114*

*NAMI's Fall Family-to-Family classes start in August!*

## Monthly Educational/Discussion Meetings

### **Join us to talk about your mental illness concerns.**

Almost every month, Sept. through May, NAMI Franklin County hosts educational meetings with a guest speaker to discuss various topics related to mental illness.

**These monthly discussion forums are free and open to the public,** and we encourage you to mark your calendar and plan to join us for insightful discussion. Registration is not required.

Unless otherwise noted, meetings are held at Maple Grove Methodist Church, 7 W. Henderson Road and north High Street (SW corner). Free parking located in the back of the building.

There are no monthly meetings during the summer. Meetings will resume in September!

Mon., Sept. 10, 2007 - 7 to 8:30 p.m. **Ask-the-Doc**

Mon., Oct. 22, 2007 - 7 to 8:30 p.m. **NAMI FC Annual Meeting**

Mon., Dec. 3, 2007 - **Holiday Gathering**

Mon., Jan 14, 2008 - **COVA: Helping Consumers Get and Keep a Job**



Official Newsletter of  
**NAMI Franklin County**  
National Alliance on Mental Illness

4100 North High Street  
Suite 103  
Columbus, OH 43214

NON-PROFIT ORG.  
U.S. POSTAGE PAID  
Columbus, OH  
PERMIT #04056