



National Alliance on Mental Illness

**NAMI WALKS IOWA – Water Works Park, Des Moines - First Saturday in October**

**VOLUNTEER INTEREST SHEET**

**Yes, I am interested in supporting the 2008 NAMIWALKS in the following ways:**

- \_\_\_\_\_ Helping to promote the Walk by **scheduling** a presentation on it at my workplace or to a group or organization to which I belong.
- \_\_\_\_\_ Helping to get other people and businesses **involved** with whom I know or have connections.
- \_\_\_\_\_ Collecting donations and walking in the Walk as a member of a team or as an individual walker not affiliated with any team. Please **list below** the name of the family, business, organization, service provider or affiliate that you will be representing in the walk if you will be walking as a member of a team.
- \_\_\_\_\_ Helping to recruit companies or businesses in the community to sponsor the Walk by making a cash donation or donating good or services in support of the event.
- \_\_\_\_\_ Helping to get food and refreshments (coffee, bottled water, juice boxes, sport drinks, bagels, donuts, snack foods, fruit, etc.) **donated** for the walk.
- \_\_\_\_\_ Helping to get entertainment (music, clowns, jugglers, magicians, face painters, etc.) for the Walk.
- \_\_\_\_\_ Volunteering to work the day of the Walk. (Tasks include setting up the walk site, registering walkers, serving refreshments, giving out event T-shirts, cleaning up after the Walk is over.)
- \_\_\_\_\_ **Taking on a subcommittee chair responsibility.**
- \_\_\_\_\_ Helping in some other way. (Please explain: \_\_\_\_\_  
\_\_\_\_\_.)

**Here is my contact information:**

Name: \_\_\_\_\_ Cell Phone #: \_(\_\_\_\_\_)\_\_\_\_\_

Phone #: H [ ] W [ ] (\_\_\_\_\_) \_\_\_\_\_ Phone #: H [ ] W [ ] (\_\_\_\_\_) \_\_\_\_\_

**Email Address:** \_\_\_\_\_ (Please tell your system to accept email from the address below)

Address: H [ ] W [ ] \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

**Please return this completed form to:**

Jay W. Brewer, Walk Manager  
[www.nami.org/namiwalks/IA](http://www.nami.org/namiwalks/IA)

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[NAMIWALKSIAMGR@aol.com](mailto:NAMIWALKSIAMGR@aol.com)

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