

NAMI Sonoma County Membership Drive

The month of May is MENTAL HEALTH Month! It's the perfect time to make an annual commitment to improving the lives of people living with mental health challenges.

We know there are many causes worthy of your support. We know how hard it is to choose when selecting an organization to stand behind. But did you know ...

- One in four families are affected by mental illness
- Mental illness strikes all ethnic and socioeconomic groups equally world-wide
- Mental illness is the nation's second leading cause of disability after heart disease
- Stigma discourages many individuals and their families from even seeking treatment
- Direct costs to the nation, including hospitalizations and medications, are estimated to be \$70 billion annually
- Indirect costs, including loss of wages and family care giving... an additional \$80 billion
- There are over 23,000 people in Sonoma County living with a serious mental illness

NAMI Sonoma County needs YOU!

We are counting on your support so we can continue our work as the county's voice on mental illness. Your donation is divided equally among our national and state parent organizations.

PLEASE...JOIN TODAY!!

Annual Membership: New Renewal Date: _____
May 2009 until May 2010

Standard Membership (\$30)
Up to four people per membership

Limited Income (\$3)
One person per membership

Name(s):	Gender: <small>Optional</small>	Ethnicity: <small>Optional</small>	Age: <small>Optional</small>	Email:
1. _____	_____	_____	_____	_____
2. _____	_____	_____	_____	_____
3. _____	_____	_____	_____	_____
4. _____	_____	_____	_____	_____

Address: _____
Street City State Zip

Phone: _____ Email: _____

Any additional donation of would be greatly appreciated and will support local efforts to improve the lives of Sonoma County residents living with mental health challenges.

I have enclosed an additional donation of: \$ _____ in Memory or Honor of: _____

Would you like to help us go green and support the environment by receiving our paperless newsletter by email? Yes! No thank you, I'd like receive it through postal mail.

THANK YOU FOR YOUR SUPPORT!
Please make checks payable to: NAMI SC