



NAMI CLARK COUNTY

Affiliate of the National Alliance on Mental Illness
The Nation's Voice on Mental Illness



"Our mission is to improve the quality of life for all those struggling with and affected by brain disorders; people with a psychiatric condition, family members, mental health professionals, and concerned citizens. Our goal is to support, educate, advocate, promote recovery, encourage research, and political advocacy."

Office Info

Office & Library

Hours:

Monday – Thursday
11:00 am–3:00 pm
(closed on holidays)

Phone:

(360) 695-2823

Fax:

(360) 823-0779

Physical Address

317 East 39th Street
(SW corner of 39th
& Main Street)

Mailing Address:

PO Box 5353
Vancouver, WA 98668

Website:

www.nami-clark.com



May
June
2007

COMING EVENTS:

MAY 8th (2nd Tuesday)

Education Meeting: 7:00-8:30pm

Guest: Mary Jadwisiak

**Topic: Understanding Adolescent
Stress and Depression**

MAY 15th (3rd Tuesday)

Family Support Group: 7:00-8:30pm

May 20th NAMI NW WALKS

Portland Waterfront

Call the NAMI office to register
as a walker. Whether this is your
first time or your fifth time, you
are welcome to walk with us!



Monthly Meetings:

Education Meeting

2nd Tuesday
7:00-8:30 p.m.

Family Support Group

3rd Tuesday
7-8:30 p.m.

Depression Bipolar Support Alliance Group

3rd Thursday
7-9:00 p.m.

JUNE 10th (2nd Tuesday)

Education Meeting: 7:00-8:30pm

Guest: Sharon Maynard

**Topic: Social Security Benefits
Do you Qualify?**

JUNE 19th (3rd Tuesday)

Family Support Group: 7:00-8:30pm

Board of Directors

Officers

President: Julie Brown
Vice Pres.: Harley Sell
Secretary: Judy Straub
Treasurer: Vacant
Co-Treasurer: Vacant

Board Members

George Delgado
Criss Denny
Don Greenwood
Monique Harris
Michael Mattox
Linda Phelan
Nancy Shafton
Loretta Walsh
Michele Wollert

**May is
Mental
Health
Month!!!**



NAMI WALK 2007

There is still time to participate in NAMI Clark County's only fund-raising project. We are still seeking members to help us by walking and raising donation to help support us. One of our board members, Don Greenwood, has a team you are welcome to join. To sign up, call the office or just visit www.nami.org to register.

If you do not want to walk, we will still accept donations, financially, or in donating your time. Please call the office and ask how you can be a part of the cause. Fighting stigma and supporting mental wellness! (360)695-2823

It's not too late for Spring Cleaning!

Do you have any household items or furniture that you are not using?

Let Divine Consign help you! This shop will accept gently used furniture and donate half the sale proceeds to NAMI Clark County. Your donations are tax deductible. Divine Consign is located at 904 Main Street, Vancouver. Call (360) 695-6443 for more information.

THE KATE WHITE BAND

Four friends came together to find a way to give back.

All are invited to a night of hope and healing, in support of Mental Health.

Join us May 18th at from 4:00-6:00 at the Center for Community Health, 1601 E. Fourth Plain Blvd. Refreshments will be served after the show. Please RSVP with NAMI (360) 695-2823 or via voice mail 993-3409.

EDUCATION MEETINGS

Every 2nd Tuesday 7:00-8:30 pm

NAMI offers *free* public education meetings. Join us in learning more about mental health, illness and wellness, held at the Wellness Project Building

MAY Meeting: Tues. May 8th

Featuring: Mary Jadwisiak

Topic: Understanding Adolescent Stress and Depression

JUNE Meeting: Tues. June 10th

Featuring: Sharon Maynard

Topic: Social Security Benefits

Do you Qualify?



2007 NAMI National Convention

San Diego, CA

Wed. June 20 - Sun. June 24, 2007

This convention will offer four days of top-notch educational opportunities, insights on strategies to achieve our goals in mental health advancement, and plenty of networking time. Everyone is invited to attend this Convention! If you'd like to know more about this event, log on to www.nami.org

FAMILY-TO-FAMILY CLASSES

NAMI Clark County teaches a class about learning to live with a family member who has mental illness. This is a 12 week class, one night a week. Our next group of classes will begin in the Fall. Please call the office for more information or to register for the next class. Classes are offered at no-cost. All that is required is a commitment to attend all 12 classes to the best of your ability.