

## Plenary Speakers and Session Leaders

The conference will begin at 1:00 p.m. with NAMI's Director of Federal Legislative Advocacy, Andrew Sperling, discussing NAMI's legislative advocacy agenda. Thursday afternoon will continue with Rev. John DeGroff speaking about living a faith-based life; Dr. Rebecca Watson presenting about the VA Intensive Outpatient program for veterans experiencing Post Traumatic Stress Disorder and how this program helps them heal; Charles Taylor, In Our Own Voice Coordinator and Sarah Swanson will present NAMI's signature public education and stigma-reducing program; attorney, Renee Christensen will present a program to help make application for SSD benefits more understandable and more likely to be approved; attorney Thomas Johnson will give a presentation on Special Needs Trusts to help protect the financial well-being of people; Dr. Robert Giebink will round out the afternoon with a presentation on Dual Diagnosis and how to handle it if this is your diagnosis. Thursday evening you will have a special treat with an opportunity to hear Andrew Sperling discuss the Federal Healthcare Initiative. Friday morning will begin a day-long series of sessions surrounding "Trauma Informed Care" by Pat Shea, MSW, Sharon Wise, and Tim Tunner, Ph.D. This training will benefit providers and others interested in this topic. Friday will continue with a presentation about Post Partum Depression by Janae Oetken, CCDCII, a panel discussion (back by popular demand): Consumers, Providers and Families Working Together; Sex Offender Treatment by Duane Kavanaugh, M.Ed.; Rick Knobe, radio personality and former mayor of Sioux Falls will speak about his personal experience with depression; Stephanie Goldhorn, M.A. will give an update on law enforcement training; Jon Feiock, LCSW and Michelle McClintic, MSW, LCSW will provide an update on the Avera Family Wellness research project; Jerry Dahmen, award-winning News Director for KXRB radio and author of the "I Love Life" series will conclude the conference with a program that will leave you refreshed and loving life.

## *Living with Mental Illness - Hope, Health and Future*

Who should attend: \*Family members, \*consumers, \*case managers, \*psychiatric nurses, \*psychiatrists, \*school personnel, \*county commissioners and legislators, \*anyone who is interested in

NAMI South Dakota  
PO Box 88808  
Sioux Falls, SD 57109  
1-800-551-2531  
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NAMI South Dakota  
*South Dakota's Voice on Mental  
Illness.*

## **2010 Annual Conference Living with Mental Illness - Hope, Health and Future**

September 30 and October 1  
Highland Conference Center  
2100 Highland Way  
Mitchell, SD

### Co-sponsors:

- Substance Abuse and Mental Health Services Administration
- National Association of State Mental Health Program Directors
- SD Division of Mental Health

Continuing Education Units have been applied for:

- Counselors
- Drug & Alcohol Counselors
- Social Workers
- Teachers may request verification of attendance

**Living with Mental Illness -  
Hope, Health and Future**

**Thursday, September 30, 2010**

12:00 p.m. Registration begins

1:00 p.m. Welcome

General Session - NAMI's Legislative Agenda -  
Andrew Sperling, J.D.

2:15 p.m. Break

2:30 p.m. Breakout Sessions:

A Faith-based Life - Rev. John DeGroff

Intensive Outpatient Program for Veterans Experiencing PTSD

Rebecca Watson, Ph.D

In Our Own Voice - Charles Taylor, MFA and Sarah Swanson

3:45 p.m. Breakout Sessions:

The Nuts and Bolts of SSDI - Renee Christensen, J.D.

Special Needs Trusts - Thomas J. Johnson, J.D.

Dual Diagnosis: What it is and What to do if You Have It -

Robert Giebink, MD

5:00 p.m. Annual meeting of NAMI SD members

Supper on your own

7:00 p.m. Healthcare Reform Implementation - Andrew Sperling, J.D.

8:30 p.m. NAMI Connection Support Group meeting

**Friday, October 1, 2010**

7:30 a.m. Registration continues

8:15 a.m. Breakout Sessions:

Post Partum Depression - Janae Oetken, CCDCI

Creating Trauma Informed and Recovery Focused Systems of  
Support - Pat Shea, MSW, MA

Friday October 1, 8:15 a.m. continued

Consumer Experiences of Seclusion and Restraint:

Film: "Behind Closed Doors: Trauma Survivors and the Psychiatric  
System

9:30 a.m. Break

9:45 a.m. Breakout Session:

Consumers, Providers and Families -Working Together for Recovery  
and Wellness - Panel: Robert Giebink, MD,  
Mark Arneson, BS, Jean Gabert

Trauma, and Recovery with Art - Sharon Wise M.H.S.

Sex Offenders and Sex Offender Treatment - Duane Kavanaugh, M.Ed

11:00 a.m. Break

11:15 a.m. Lunch is served

11:30 a.m.: Keynote Speaker — Real Men Can Have Depression -  
Rick Knobe

12:30 p.m. Breakout Sessions:

Mental health training for law enforcement officers -  
Stephanie Goldhorn, M.S,

Avera Family Wellness Program update - Jon Feiock, LCSW and

Michelle McClintic, MSW, LCSW

Understanding the Biopsychosocial Impact of Trauma

- Tim Tunner, PhD, MSW

1:30 to 3:00 p.m. Trauma Sensitive Prevention Tools - Pat Shea, MSW, MA

followed by: Discussion / Wrap Up: Trauma Informed Systems  
of Care: Planning and Next Steps - Pat Shea, MSW, MA

1:45 p.m. Break

2:00 p.m. General Session: "I Love Life" - Jerry Dahmen

3:15 p.m. Conclusion — **Pick up CEU Certificates at Registration table**

Enclosed is my **registration** for the NAMI South Dakota annual conference to be held September 30 and October 1, 2010 at Highland Conference Center, Mitchell, SD

Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone/email: \_\_\_\_\_

\_\_\_\_\_ I am enclosing payment for the conference (**\$70.00**) —  
**\$100 postmarked after 9/22/2010**

Registration fee includes breaks and lunch on Friday

\_\_\_\_\_ I am enclosing additional \$25.00 payment for CEU's (95.00 total)

\_\_\_\_\_ I am applying for a stipend/scholarship

\_\_\_\_\_ Please bill my organization

Fee for CEU's (must be paid in advance): **\$25.00**

Make checks payable to: **NAMI South Dakota**

**Mail to: PO Box 88808, Sioux Falls, SD 57109**

Hotel rooms are available at a special rate of: \$79.00 + tax at the Hampton Inn 605-995-1575 and Comfort Inn & Suites 605-990-2400. Mention the NAMI Conference to get this special rate.

Arrangements for stipend/scholarship recipients will be made by NAMI South Dakota.

**Financial assistance for consumers and family members is available to attend the conference:**

Contact the NAMI South Dakota office to request an application. Deadline for submitting an application is August 26th