

NAMI CONSUMER CONFERENCE CALL  
FEBRUARY 7, 2007

Present: Mark Arneson-President, Louise Stapert-Secretary, Jim Simbeck, Meredith Clark, Wayne Lilly, Lois Knoke, Gayle Mueller, Heather Nelson-State office.

The minutes from the January 3<sup>rd</sup> meeting were read. Lois made a motion to approve and Meredith seconded. All voted aye.

#1. Building NAMI walk support- The best information is in the November, December NAMI newsletter. Please call the Sioux Falls office for a packet if you want to collect pledges. If you don't want to ask for pledges, **PLEASE COME AND WALK WITH US ANYWAY. The actual Walk will be in Sioux Falls.**

#2. NAMI CARE-This is a good program. **NAMI-C.A.R.E.**-Consumers Advocating Recovery through Empowerment-is a peer-based, mutual support group program for individuals facing the challenges of recovering from any serious mental illness. Led by consumers, for consumers, NAMI-C.A.R.E. employs guidelines and principles of support designed to empower its members. NAMI-C.A.R.E. is not illness-specific, and welcomes persons with all psychiatric diagnoses. A support group model that focuses on allowing all participants to share their experiences and learn from each other in a safe and confidential environment. (from NAMI Michigan).

We are looking for people to sign up for training for this program. Training is paid for by ?Pharmaceutical Company.

#3. NAMI Strategic Plan for 2007 to 2010,

- 1. NAMI is a dynamic, well-run organization that seeks and engages a diverse and growing membership.**
- 2. NAMI is financially secure and independent.**
- 3. NAMI is the dominant force in mental illness advocacy.**
- 4. NAMI is the leader in crafting and implementing state-of-the-art education and information.**
- 5. NAMI is building and incorporating the largest consumer movement in the country.**

NAMI is looking for consumers to join, especially people that are in jails and other places where it is hard to reach.

2008 is when best practices for state are to be worked on?

#4. Jim suggested the executive committee to come up with plan that NAMI Consumer Council SD can do.

#5. NAMI National is creating and implementing an academy to develop leaders that will be held in Salt Lake City. There are **4** people going from South Dakota: **Michelle Carpenter from Mitchell, Judy Karen from Brookings, Shelly Fuller from Huron and Maureen Friesen from Sioux Falls.**

#6. NAMI SD Consumer Council minutes will be posted on the NAMI SD website. There is a website being set up that we will have a blog and bulletin board on. More information will be coming later. NAMI SD has an additional site with a list of board members at [www.nami-sd.org](http://www.nami-sd.org)

#7. Huron Team Council will have a booth at the South Dakota State Fair. Lois asked if NAMI would supply pamphlets, fliers and videos that could be running when people walked by.

#8. Mark reported that there are 10 grants available for In Our Own Voice training. There is a good chance that South Dakota will get one. Training would be scheduled for Rapid City or Pierre. Mark reported this helped him in his recovery.

#9. Membership Dues forms- There is confusion about open door policy and consumer council membership on the regular form. **The membership form will be simplified to eliminate this confusion.**

#10. Mark asked for commitment to the Consumer Council. Mark and Louise will take part in the executive committee to suggest future goals for Consumer Council. **Because of the cost for conference calls, Mark suggested communicating by email.**

Respectfully submitted,

Louise Stapert

NAMI Consumer Council Secretary