

## Family-to-Family Teacher Requirements

**By completing and signing this application, you are acknowledging that you understand and agree to the following requirements.**

To be a successful NAMI Family-to-Family teacher, you need to respond to others in a non-judgmental way, you need to be a good listener with an empathetic ear, and you need to be willing to talk about your experience as a family member of someone living with a mental illness.

**Participation in this training does not guarantee that you will become a certified NAMI teacher.**

Trainees must demonstrate the qualifications needed to become a good NAMI teacher by the end of training. Trainees may be asked to improve their skills in particular key areas and repeat the training before they may become certified.

### **F2F Teacher Requirements:**

- Must be a first-degree relative of an individual living with mental illness or have lived in a household for a significant period of time with a family member living with a mental illness.
- Must commit to arriving at the training on time and to complete all three days of training. (NAMI Oregon still must cover certain fixed costs for those who cancel prior to training.)
- Willingness to adhere to Family-to-Family program policies and to teach the class as prescribed by NAMI National and the approved curriculum.
- Commitment to begin teaching a Family-to-Family education class within 1 year of training.
- Commitment to teach two Family-to-Family classes over the next 2 years.
- Commitment to communicate with NAMI Oregon state office as requested or required.
- Commitment to provide group participant data to NAMI Oregon as required.
- Willingness to identify potential new teachers from your class.
- Willingness to encourage class participants to become NAMI members.
- Positive regard for, or personal experience with, mutual support.

## Family-to-Family Teacher Training Application

### March 19-21, 2010

The Nancy Devereux Center  
1200 Newmark Ave.  
Coos Bay, OR 97420

Applications Due by: March 5, 2010.

- **Please include a letter of reference from a F2F teacher and/or one from an affiliate leader.**
- *Applicant must be a current NAMI member or join NAMI by the application due date.*
- *A phone interview may be required.*

#### PLEASE PRINT LEGIBLY

Name: \_\_\_\_\_

Address Type (please check):  Home  Work

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Fax: \_\_\_\_\_

NAMI Member? Yes:  No:  My affiliate is: \_\_\_\_\_

NAMI Membership No. (if known): \_\_\_\_\_

### **Participant Survey**

**I am a family member of an individual who has a mental illness?**  Y  N

Note: You must be a first-degree relative to be a Family-to-Family teacher or have lived in a household with a relative for a significant period of time.

**My ill relative is my (spouse, sister, etc):** \_\_\_\_\_

Have you ever been convicted of a felony?  Yes  No

Have you completed the Family-to-Family class?  Yes  No

I require lodging for the training:  Yes  No

I would be willing to stay at a NAMI member's home:  Yes  No

I am willing to share a room (if hotel accommodations are offered):  Yes  No

If hotel offered, I would like to share with: \_\_\_\_\_

**I have the following special needs for accommodations or meals, including food or other allergies:**

**Please briefly describe why you want to become a Family-to-Family teacher:**

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Applicant Signature

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Date

**Return Applications and Letters of Reference to:**

**NAMI Oregon  
3550 SE Woodward St.  
Portland, OR 97202  
Fax: 503-230-2751**

**Email: [training.namior@qwestoffice.net](mailto:training.namior@qwestoffice.net)**