



NAMI FAMILY TO FAMILY EDUCATION PROGRAM

For family members of close relatives with:

Bipolar Disorder*

Major Depression

Borderline Personality Disorder

Schizophrenia and Schizoaffective Disorder

Panic Disorder and Obsessive Compulsive Disorder

Co-occurring Brain Disorders and Addictive Disorders

* Also called Manic Depression

A series of 12 weekly classes structured to help family members understand and support their ill relative while maintaining their own well being. The course is taught by a team of trained volunteer family members who know what it's like to have a loved one with a serious mental illness in the family. **There is no cost to participate in the NAMI Family-to-Family Education Program.** Over 50,000 family members in the U.S. and Canada have completed this course. We think you will be pleased by how much assistance the program offers. We invite you to call for more information.

LOCAL CLASSES FORMING

To register: complete this form and send to Family to Family Coordinator,
Jonah Deppe or call (877) 463-6264 for more information.

Name: _____

Relative with Illness: _____

Diagnosis of Relative: _____

Address: _____

Phone Numbers: _____ Email: _____

Mail To: NAMI Nebraska • 1941 S 42, #517 • Omaha, NE 68105

Fax To: 402-346-4070 • Email To: nami.nebraska@nami.org