

**NAMI EDUCATION,
TRAINING AND PEER
SUPPORT STAFF**

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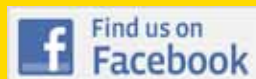
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NAMI Basics
NAMI Connection
NAMI Family-to-Family
NAMI In Our Own Voice
NAMI Peer-to-Peer

2012 Manual Updates

If it is the new year, then it must also be time for NAMI program manual updates! This is the second year coordinating program material updates, but the first time that *all* eight of the NAMI education programs have been reviewed, edited and updated simultaneously. Given all of the transitions that have occurred in the NAMI Education, Training and Peer Support Center this year, this has been no small task but the 2012 manuals are ready and available to you at this time.

Efforts have been made throughout the year to bring more consistency to all the programs, and that continued with the manual revisions. Here are some of the changes that you will see across all programs:

- The term “consumer” has been replaced with the term “individual

New Department Roles

As part of the Education team’s continued program growth and development and commitment to supporting the field, we are delighted to announce new roles and program responsibilities as follows:

- Carmen Argueta has been promoted to the role of manager. She will now oversee all the Spanish programs, Parents and Teachers as Allies and will take the lead on creating a forum for virtual support communities.
- Cynthia Evans will now be responsible for In Our Own Voice and Peer-to-Peer.
- Sarah O’Brien will now be responsible for the Connection and Family Support Group programs.

living with mental illness” or in some cases just “individual” (unless the term is part of a proper name or a quote)

- Policy statements on mandated reporting have been added to the operating policies for all programs
- Policy statements regarding stipends have been added to the operating policies of all programs
- Summary descriptions are available for each program listing page changes and what changes were made

Overall, there were no programmatic changes made in the 2012 program materials. Most changes have been in the area of general editing and updating information such as research.

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NAMI Hosts all Spanish-language Training Event and Revitalizes Parents and Teachers as Allies

The NAMI Education, Training and Peer Support Center hosted its first all Spanish training in St. Louis this past October. The training was held in our efforts to expand our Spanish programs, specifically catering to Conexión NAMI facilitators and De Familia a Familia teachers.



The training was a great success, graduating nine facilitators and 12 teachers. These graduates will now help to bridge the gap in NAMI's program availability for the Latino community.

At the same time as the Spanish trainings, we held the first Parents & Teachers as Allies Training of Trainers since 2008. Nineteen state trainers graduated. We also filmed an educational video for this program, which is slated to be released in 2012.

All participants were enthusiastic as they enjoyed the weekend's theme of "cultural competence". On the last day of training, a resonating discussion of outreach in diverse communities brought the weekend to a close, allowing the newly trained Trainers to go home with practical ways of reaching out to underserved communities.

Note:

Five of our Signature programs (Family-to-Family, Connection, Peer-to-Peer, In Our Own Voice and NAMI Basics, coming in January) are now offered in Spanish. Please contact our program manager, Carmen Argueta at carmena@nami.org for more information.

NAMI Black History Month 2012 Webinar Event

Tuesday, Feb. 28
2-3 p.m. ET

Please join us for a webinar presentation and discussion to be held in honor of Black History Month. NAMI will share the release of a new short video featuring African American perspectives on mental health recovery and provide suggestions of how to utilize this video for outreach efforts of NAMI's programs, including the Sharing Hope education and outreach initiative. Presenters will also provide an overview of 2012 updates to Sharing Hope including mini grant funding opportunities for its implementation. Registrants will receive further details as the event nears.

Click [HERE](#) to register.

A recording of the webinar, access to the video posted on the NAMI website and copies of any presentation materials will be available to registrants following the event.



Education Highlights: 2011 in Review

Congratulations to all on a very successful year! Thanks to your hard work 2011 was full of changes and accomplishments. You will see that all of the programs did well this year with some remarkable milestones.

Provider

- Rewritten and reduced from 10 sessions to five sessions
- Video was filmed with Hospital Corporation of America (HCA)

Basics

- Now available in 36 states
- Translated into Spanish; manuals will be available as of Jan. 27
- 2008-2010 Research study of NAMI Basics was published in the *Journal of Child and Family Studies*; please read [HERE](#)
- First stand alone module was developed and presented; recording posted on the NAMI Basics website and toolkit available on the Basics intranet [HERE](#)

Parents & Teachers as Allies

- First Train the Trainer was held since 2008, certifying 19 new trainers
- Training DVD was created demonstrating a model presentation; DVD can be used in training new presenters and/or as a portion of an inservice in a presenter's absence
- Developed a directory of Spanish advocacy resources for parents to use with their children's school systems
- Spanish translation of the program monograph is now available in the NAMI store

Family-to-Family

- Successfully completed outreach to veterans and their families at VA hospitals/medical centers and Veterans Service Organizations, as well as active duty military and their families
- Since September, over 1,000 people connected with NAMI via webinars, podcasts, teleconference calls, or through mini-grant projects to indicate their interest in raising awareness of NAMI and its signature programs in the veteran and active duty military community. Please visit www.nami.org/programs for veteran outreach resources
- 12 new De Familia a Familia teachers were certified

Family Support Group

- All manuals and materials were completely overhauled

Connection

- Connection currently has 550 operational support groups in 47 states, now reaching over 100,000 returning support group participants
- 22 new state trainers were certified
- Nine new Conexión facilitators were certified resulting in 10 active Conexión states
- The Connection Facebook page has reached over 1,600 fans

In Our Own Voice

- More than 2,400 presentations were given to over 47,000 audience members in 40 states
- We certified 29 new State Trainers and 323 new Presenters
- As of early 2010, the two pilots of En Nuestra Propia Voz were up and running completing all program elements necessary to launch the program at a NAMI Affiliate or NAMI State Organization

Peer-to-Peer

- Over 1,000 participants graduated from the program this year
- 20 new state trainers and two national trainers were certified
- NAMI held six mentor technical assistance conference calls, serving over 180 participants
- 21 new Spanish-language mentors were trained for Persona a Persona

Of course none of this would be possible without your tireless work and that of your colleagues. The many NAMI State Organizations and NAMI Affiliates, as well as the entire NAMI Education, Training and Peer Support team produced heroic results in providing the education, training and support that really make a difference in the lives of those living with mental illness as well as the friends and family who love them. Please take a little time to savor all that you have accomplished in 2011.

Thank you for all that you do.

-Colleen and the Education team

Announcements



Education, Training & Peer Support Center

– SAVE THE DATE –

Training of Trainers

April 26—29, 2012

St. Louis

Family-to-Family • NAMI Basics • Provider •
Parents & Teachers as Allies • Family Support Group •
NAMI Connection • Peer-to-Peer •
In Our Own Voice • De Familia a Familia

Stay tuned for more details on how to register, as well as the NEW *Virtual Pre-Training* component

For more information, please contact us at:

edutraininfo@nami.org



Resources

A FREE COMMUNITY OUTREACH TOOL FOR YOU TO USE

This brochure describes the programs offered by NAMI's Education, Training and Peer Support Center.

Contact lynne@nami.org, tell her how you plan to use the brochure and you will receive your free copies.



If you are working with a Veterans Health Administration (VHA) facility you can request the veteran-specific version of this brochure.

[CLICK HERE](#) for Program Director Changes

[CLICK HERE](#) for Training Notification Form