



NAMI PEER★TO★PEER

★ ★ ★ ★ ★ NAMI's Peer-to-Peer Recovery Education Course

Peer-to-Peer..

An Administrative View

- Train-the-Trainer
- State Training
- Budget
- Advertisement & Recruitment



Trained Mentors

- Train the Trainer
- Choosing the “right” mentor
- Thanking your trained mentor



State Training

- Hold State training
- Prepare mentors
- Average class size is 15, with 3 mentors for each “team”

Budget

Train the Trainer

- Airfare
- \$ 350.00 - \$ 450.00 per each State trainer

This includes hotel, meals and materials for each



Budget

(approximate per class - State)

Brochures (100)	\$ 20.00
3-ring Binders	\$ 40.00
Printing Class Hand-outs	\$ 100.00
Relapse Prevention Grids	\$ 50.00
Materials & Props	\$ 100.00
Mentor's Stipends	\$1,500.00
Mindfulness Exercises	<u>\$ 35.00</u>
Total	\$1,975.00

(This DOES NOT include hotel, food and travel costs)

Where we will get the money?

- Community Foundation Grants
- Rotary Clubs
- Church Groups
- Community Mental Health Center
- Private Donations
- United Way
- Pharmaceutical Companies
- Local Charities
- Corporate Sponsors



How will we tell people about the class?

- Develop your own special flyer announcing the class
- Come up with a short, but precise newspaper press release
- Announce in your own newsletter
- Website
- Flyers and/or posters in:
 - Local Libraries
 - Local Community Behavioral Health Centers
 - Local Hospitals
 - Local ACT Team Offices
 - Local Drop-In Centers



Example of Press Release



The National Alliance on Mental Illness of _____ announces an educational course for persons with a diagnosis of any mental illness. The 9 week class is to be held Thursdays beginning March 3rd. The course will take place at the Community Mental Health Behavioral Center, 5:30 to 7:30 p.m. There is no charge for the class. Contact the NAMI office at (222) 555-1111 to register before February 25th.

Contact person: Annette M. Popovich



Peer-to-Peer Education Class

The NAMI _____ Peer-to-Peer Education Class is a 9 week course on the topic of recovery for any person with serious mental illness who is interested in establishing and maintaining wellness. The Course uses a combination of lecture, interactive exercises and structured group processes.

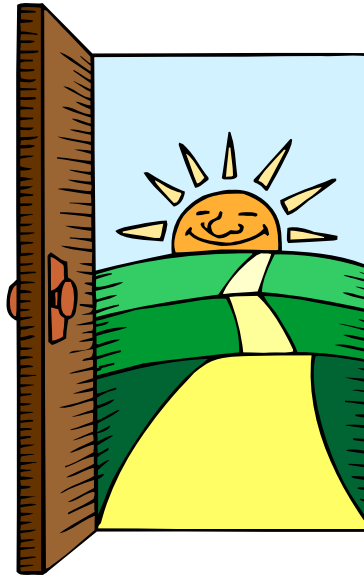
Courses are taught by teams of trained “mentors”, or peer-teachers, who are themselves experienced at living well with mental illness.

- *RRelapse Prevention Planning*
- *AAddictions*
- *WWellness & Recovery*

Coping Strategies

Empowerment

Advocacy



Contact us at the information listed to register for this class!!

Free Class

Open your mind

And open the door

To Hope, Recovery and

Wellness.....

P.O. Box 1111
Anywhere, USA 12340

Phone:
222-555-1111
E-mail: you@aol.com



Thank you



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