



Welcome to NAMI Delaware's registration page. We are excited that you have chosen to join us for the NAMI FaithNet Pathways to Hope conference. This conference is a chance for our affiliate to join the community to build our own grassroots movement that engages faith communities, mental health providers, NAMI members, and other community partners in building sustainable coalitions in support of people living with mental health conditions.

We look forward to seeing you at the conference.

**FRIDAY, AUGUST 26**

This event begins at 9:30am (local time)

**Local Welcome**

**National Welcome**

Daniel H. Gillison, Jr.  
CEO, National Alliance on Mental Illness

**Remarks & Introduction of Speaker**

Shirley J. Holloway, Ph.D.  
Immediate Past President NAMI National Board  
Vice President NAMI Alaska

**Plenary #1: The Vital Role of Community in People, Place, and Purpose**

Thomas Insel, MD  
Co-founder and President of Mindstrong Health,  
Psychiatrist and Neuroscientist, former Director of the  
National Institute of Mental Health (NIMH) and author of *Healing: Our  
Path from Mental Illness to Mental Health, 2022*

**Video**

Is That Enough?  
Les Femmes Fatales

**Introduction of Speaker**

Dawn Brown  
Director, Cross Cultural Innovation and Engagement  
National Alliance on Mental Illness

**Plenary #2: Who Moved My Happy?**

Erika Kendrick  
Mental Fitness Speaker/Author of "Who Moved My Happy?"

**Breaking Down Barriers Through Access, Faith, and Community**

Martise Colston

ASL Interpreter, Accessibility & Inclusion Consultant

**MH in Delaware – Statistics, Signs, and Symptoms**

**Burnout vs. Stress: How Self-care and Self-compassion Help**

**End of Day One and Evaluations**

**SATURDAY, AUGUST 27**

This event begins at 9:00am (local time)

**Breakfast**

**Local Welcome**

**National Welcome**

Daniel H. Gillison, Jr.  
CEO, National Alliance on Mental Illness

**NAMI FaithNet Yesterday, Today and Tomorrow**

Doug Beach  
President, NAMI San Antonio  
Chair, NAMI FaithNet Advisory Group

**Lifetime Achievement Award**

Paul Lu, FaithNet Coordinator, NAMI Orange County  
Susan Christiansen, Wife of the late Dr. Gunnar Christiansen

**Introduction to Sharing Hope & Compartiendo Esperanza**

Dawn Brown  
Director, Cross Cultural Innovation and Engagement  
National Alliance on Mental Illness

**Plenary #3: Sharing Hope and Compartiendo Esperanza Videos**

**Plenary #4: Everyone Needs A Little Help Sometimes**

Rev. Jason Reynolds  
Sr. Pastor, Emmanuel Baptist Church

**Plenary #5: Healing Our Communities: Outcomes after Bridges to Care (San Antonio)**

Doug Beach, President, NAMI San Antonio  
Pastor Veron Blue, Family Life International  
Ministries/Bridges to Care San Antonio  
Nikita Fox, Kingdom Life Christian Ministries

Dr. Andy Gray, Kingdom Life Christian Ministries  
Carolyn White, Kingdom Harvest Worship Center  
Billy Lavender, Family Life International Ministries  
Dr. Sunita Punjabi, Brain Coach LLC

**Mental Health Options and Support in Delaware**

**Resource Based presentation w/ Guests from Local Organizations**

**Suicide Prevention - Signs, Symptoms, How Can YOU Help**

***LUNCH PROVIDED***

**Youth - Focus on Signs, Symptoms and Support Adults can Offer**

**Guest Speaker - TBD**

**Faith Community Presents:**

What we Offer to our Community  
Dr. Jay Macklin from Academy for Peace  
Rev. Brooke Scott Church on Main

**BREAK**

**In Our Own Voice - Faith Community Members who "have been there"**

**Debrief on what you've learned / Q&A**

***End of Conference and Evaluations***

***\*\*Schedule Subject to Change. A revised agenda will be sent following registration.***