# ACT4 Mental Health in Nevada

**404,000 ADULTS in Nevada HAVE A MENTAL HEALTH CONDITION**
That’s more than 7 TIMES THE POPULATION of Carson City

**50%** of mental illness begins by age 14

**75%** by age 24*

**1 out of every 8 emergency department visits involves a mental health or substance use condition**

**2,446,172 PEOPLE in Nevada live in a mental health professional shortage area***

**Schizophrenia usually develops early in life and costs the U.S. economy an estimated**
$155.7 BILLION a year*

**About 2 MILLION PEOPLE with mental illness are BOOKED INTO JAILS every year**—many because they didn’t get the treatment they needed

**2,446,172 PEOPLE in Nevada live in a mental health professional shortage area***

**Depression is the #1 LEADING CAUSE OF DISABILITY in the world and mental illness costs Americans** $193.2 BILLION in lost earnings per year*

**1 AMERICAN DIES BY SUICIDE EVERY 12 MINUTES***

In Nevada, the 2016 rate of suicide for the general public was 24.4 DEATHS per 100,000*

For veterans, the rate was 42.5 DEATHS by suicide per 100,000*

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NAMI, the National Alliance on Mental Illness, is the nation’s largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. Join our movement at [nami.org/policy](http://nami.org/policy).

*References can be found at [www.nami.org/policystats](http://www.nami.org/policystats).
1 in 5 Americans has a mental health condition.

12.8 million adults live with a severe mental illness.

- **48.1 million adults** live with anxiety disorders. Anxiety disorders are conditions characterized by feelings of persistent, excessive fear or worry in situations that are not threatening.

- **17.1 million adults** live with major depression. Depression is a condition that is characterized by changes in mood, sleep, appetite, concentration and energy.

- **10 million adults** live with attention deficit hyperactivity disorder. Attention deficit hyperactivity disorder (ADHD) is a condition that is characterized by inattention, hyperactivity and impulsivity.

- **9.1 million adults** live with post traumatic stress disorder. Post-traumatic stress disorder (PTSD) is a condition that is characterized by changes in sleep, thinking, and mood, and can include symptoms such as intrusive memories, hypervigilance and outbursts of anger.

- **7.1 million adults** live with bipolar disorder. Bipolar disorder is a condition that is characterized by dramatic shifts in mood and energy, such as periods of mania and depression, and can also include symptoms of psychosis, such as delusions.

- **3.5 million adults** live with borderline personality disorder. Borderline personality disorder (BPD) is a condition characterized by difficulty regulating emotions and instability in behavior, self-image and functioning, impulsive actions and unstable relationships.

- **1.6 million adults** live with schizophrenia. Schizophrenia is a condition characterized by an interruption of a person’s thought processes, perceptions and emotional responses. Symptoms may include psychosis, delusions, hallucinations, reduced emotional expressiveness and disorganized thinking.

Discover more at nami.org/policy.