NAMICOn 2020
A Virtual Event • July 13-14
Together Toward Tomorrow
Aspiring to Conquer Serious Psychiatric Illness

Brandon Staglin
President, One Mind
Trapped in the Psychosis Vortex

Image: Starway, by Brandon Staglin
I Feared Demons Lurked Behind Every Corner

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Had the Sun Set on Me?
My Dad, Sister, Mom and Me, Post-Diagnosis
Back on Track

My Dartmouth College Graduation Party, June 1993
Science Did Me A Favor, And I Would Return It
A Pivotal Music Festival for Brain Health

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The Mental Healthcare System Was Failing!

Sharing from Lived Experience

Photo Credit: Flying Pig Studio
My Recovery’s Components

Science-Based Medicine

Family Support

Growing Agency

Recovery

Image Credit: The Mental Health Channel

NAMICon 2020
Almost 300 U.S. CSC Programs = 10% of Need Served

Image Source: https://strong365.org
ASPIRe: Accelerating Serious Psychiatric Illness Recovery

Goal 1: Expand Access

- To increase access for youth with early SPI to gold-standard care to 100% by 2040

Goal 2: Enhance Success

- To increase the recovery rate from serious psychiatric illness to 75% by 2040

“All young people facing serious psychiatric illness should get the opportunity to heal, strengthen, and build their best life.”

NAMICon 2020
ASPIRE: Roadmap

1. Concerns About Serious Psychiatric Illness
2. Public Awareness and Destigmatization
3. Early Detection and Diagnosis
4. Referral to Effective and Affordable Treatment
5. New and Better Diagnostic Tools and Treatments
6. Implementation and Evaluation in Real World Settings
7. Prevention and Recovery
Using NAMI’s Three Advocacy Steps:

- Gathering information
- Building support & cultivating allies
- Implementing a strategy

Example: Advocacy to Start a New CSC Program

Photo Credit: Flying Pig Studio
Advocating for California Law to Support CSC

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Cultivating Allies to Launch Sonoma CSC Program

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You Have the Power

Photo Credit: Flying Pig Studio
The ASPIRe Pledge: Visit onemind.org/aspire

“I aspire to give all young people facing serious psychiatric illness the opportunity to heal, strengthen, and build their best lives. I aspire to make recovery from serious psychiatric illness commonplace. I aspire to collaborate with One Mind toward reaching these goals by 2040. By providing my name and email address, I join the ASPIRe community.”
Thank You!

Contact me:
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