October 30, 2023

Dear Chairman Sanders and Ranking Member Cassidy,

The Mental Health Liaison Group (MHLG), a coalition of national organizations representing consumers, families, mental health and addiction providers, advocates and other stakeholders committed to strengthening access to high-quality mental and behavioral health care, is writing to express our request that the Senate HELP Committee brings forward the reauthorization of the Substance Use-Disorder Prevention That Promotes Opioid Recovery and Treatment for Patients and Communities Act (SUPPORT Act; P.L. 115-271) in regular order.

Since the COVID-19 pandemic, there have been dramatic increases in both mental illness and substance use disorders. Since 2019, 4 in 10 of American adults have reported symptoms of anxiety or depression since the pandemic, previously recorded at 1 in 10. 1 13% of Americans have reported increasing or starting substance use as a way of coping with stress related to the pandemic.2 Given that up to 50% of those with substance use disorders (SUDs) experience symptoms of mental illness, reports of substance abuse and the emerging fentanyl crisis have been on the rise as well.3

According to the National Survey on Drug Use and Health by Substance Abuse and Mental Health Services Administration, in 2019, among youth, one in five had a major depressive episode, and more than half of those having such an episode did not receive treatment. According to the CDC, 29% of high school students reported poor mental health in 2021.4 For young adults ages 18-25, nearly half, or 46%, had a substance use condition and/or a mental health condition.5 A similar trend is found in maternal mental health conditions as suicide and overdose are leading contributors to maternal death. There is a strong correlation between maternal mental health conditions, substance use, and maternal mortality with 1 in 5 mothers suffering from a maternal mental health condition.6

Since the passage of the original SUPPORT Act in 2018, the COVID-19 pandemic has revealed serious and deadly upticks in mental health and substance use disorders, especially for young people and other populations at greater risk of exposure to and overdose from fentanyl. We strongly urge the Senate HELP Committee to increase authorizations of appropriations and make improvements to the base statute to account for pandemic impacts on co-occurring substance use and mental health disorders.

To ensure that all Americans receive care for co-occurring mental illnesses and SUDs, we urge the Committee to expeditiously bring forward the reauthorization of the SPPORT Act in regular order, in hopes to allow adequate time for Committee consideration and stakeholder input on how to further strengthen this crucial legislation.

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1 Substance use during COVID-19 pandemic: impact on the underserved communities
2 Mental Health, Substance Use, and Suicidal Ideation During the COVID-19 Pandemic — United States, June 24–30, 2020
3 Ibid.
5 National Survey on Drug Use and Health
6 Maternal drug-related death and suicide are leading causes of postpartum death in California - American Journal of Obstetrics & Gynecology (ajog.org)
Sincerely,

American Association of Child and Adolescent Psychiatry
American Association for Marriage and Family Therapy
American Association of Nurse Anesthesiology
American Association of Psychiatric Pharmacists (AAPP)
American Association on Health and Disability
American Foundation for Suicide Prevention
American Nurses Association
American Occupational Therapy Association
American Psychiatric Association
American Psychological Association
American Therapeutic Recreation Association
Anxiety and Depression Association of America
Association of Maternal & Child Health Programs
Center for Law and Social Policy (CLASP)
Children's Hospital Association
Clinical Social Work Association
Collaborative Family Healthcare Association
Community Catalyst
Crisis Text Line
Emergency Nurses Association
Global Alliance for Behavioral Health and Social Justice
Inseparable

International OCD Foundation
Maternal Mental Health Leadership Alliance
Mental Health America
NAADAC, the Association for Addiction Professionals
National Alliance on Mental Illness
National Association for Children's Behavioral Health (NACBH)
National Association of County Behavioral Health and Developmental Disability Directors
National Association for Rural Mental Health (NARMH)
National Association of State Mental Health Program Directors
National Board for Certified Counselors (NBCC)
National Council for Mental Wellbeing
National Disability Rights Network (NDRN)
National Eating Disorders Association
National Federation of Families
National Health Care for the Homeless Council
National Register of Health Service Psychologists
NHMH - No Health without Mental Health
Policy Center for Maternal Mental Health
REDC Consortium
RI International
Sandy Hook Promise
SMART Recovery
The Kennedy Forum
The National Alliance to Advance Adolescent Health
Treatment Communities of America