



Quarterly Board of Directors Meeting Minutes

May 22, 2023 at 9:00 AM EDT @ Minneapolis, MN during NAMIcon week

Attendance

Present:

Members: Joyce Campbell, Amy Brinkley, Lisa Dixon, Jeff Fladen, Joe Gatto, Sheldon Jacobs - Licensed Marriage and Family Therapist/Advocate/Consultant/Author/Educator, Ray Lay - CEO, Pooja Mehta, Connie Mom-Chhing, Cathryn Nacario, Micah Pearson, Vanessa Price, Jeremiah Rainville - Peer Program Manager, Lauren Simonds

Advisory Council Chairs: Diane Banks, Rich Callahan, Chris Eichhorn, Kate Farinholt, Steve Slayton

Immediate Past President: Shirley Holloway

NAMI At-Large Board Members: Ruth-Ann Huvane, Darien Wright

NAMI Staff: Teri Brister, Jessica Edwards, Annette Gantt, Dan Gillison, Darcy Gruttadaro, Cassandra Halysyn, David Levy, Lisa Lewis, Sue Medford, Hannah Wesolowski

Absent:

Members: Vanessa Fernandes, Carlos Larrauri, Glenda Wrenn-Gordon

Guests: Brian Thomas - NextGen

NAMI Staff: Ken Duckworth, Sean Stickle

I. Welcome/Establish Quorum

A. Approve Board Meeting Agenda for May 22-23, 2023

Meeting agenda approved as presented.

B. Approve Consent Agenda


A consent agenda is a practice by which non-controversial board action items are organized apart from the rest of the agenda and approved as a group. Specific items can be removed from the consent agenda on the request of any Board member. In approving the Committee reports via the consent agenda, including the Executive Committee, the Board considers approval to constitute ONLY an approval of the report of the meeting — not an affirmation of any specific action taken in those meetings.

All items referenced in the Consent Agenda are attached for Board members' review prior to action on the consent agenda.


Consent agenda approved as presented.

1. Board Meeting Minutes


a. Board of Directors


 2022.09.21-22 Quarterly Board of Directors Meeting (virtual) Minutes DRAFT.pdf


-  2023.02.23 Special Meeting for the Board of Directors Minutes DRAFT.pdf
-  2023.01.22 Quarterly Board of Directors Meeting (in person) Minutes.pdf
- b. Executive Committee
 -  2022.09.08 Executive Committee Meeting (September) Minutes.pdf
 -  2022.10.27 Executive Committee Meeting (October) Minutes.pdf
 -  2022.11.17 Executive Committee Meeting (November) Minutes.pdf
 -  2023.01.12 Executive Committee Meeting (January, 2023) Minutes.pdf
 -  2023.02.16 Executive Committee Meeting (February) Minutes.pdf
 -  2023.03.16 Executive Committee Meeting Minutes (DRAFT).pdf
- c. Board Policy & Governance Committee
 -  2023.01.09 Board Policy & Governance Committee Minutes.pdf
 -  2023.02.27 Board Policy & Governance Committee Minutes.pdf
 -  2023.03.13 Board Policy & Governance Committee Minutes.pdf
 -  2023.04.10 Board Policy & Governance Committee Minutes (DRAFT).pdf
- d. Finance & Audit Committee
 -  2023.01.25 Finance & Audit Committee (January) Minutes.pdf
 -  2023.02.20 Finance & Audit Committee (February) Minutes.pdf
 -  2023.03.22 Finance & Audit Committee (March) Minutes.pdf
 -  2023.04.26 Finance & Audit Committee (April) Minutes DRAFT.pdf
- e. Justice Systems, Equity, Diversity & Inclusion
 -  2023.04.10 Justice Systems, Equity, Diversity & Equity Committee (April) Minutes DRAFT.pdf
- f. Public Policy
 -  2023.01.10 Public Policy Workgroup Meeting Minutes DRAFT.pdf

 2023.05.04 Public Policy Workgroup Ad Hoc Meeting Minutes DRAFT.pdf

g. Youth & Young Adults Mental Health Outreach

 2023.01.19 Youth & Young Adult Mental Health Outreach Workgroup Minutes.pdf

 2023.02.21 Youth & Young Adult Mental Health Outreach Workgroup Minutes.pdf

 2023.04.20 Youth & Young Adults Mental Health Outreach Minutes DRAFT.docx


2. Council Reports and Meeting Minutes


a. Executive Directors


 2023.01.11 EDC Meeting Minutes.pdf

 2023.03.08 EDC Meeting Minutes.pdf

b. Peer Leadership

 PLC General Meeting Minutes - January 18, 2023.docx


 PLC General Meeting Minutes - February 15, 2023 .docx

 PLC General Meeting Minutes - March 15, 2023 .docx


 PLC General Meeting Minutes - April 19, 2023 .docx


c. Service Members, Veterans and Families

 NAMI BOD Report_SMVFC_MAY2023.pdf

 2022.12.06 NSMVFC_Meeting_Minutes_Final.pdf

 2023.01.03 NSMVFC_Meeting_Minutes_FINAL.pdf

 2023.02.07 NSMVFC_Meeting_Minutes_Final.pdf

 2023.03.07 NSMVFC_Meeting_Minutes_Final.pdf

 04042023_NSMVFC_Meeting_Minutes_Final.pdf

d. State Presidents

 NAMI Council Reporting SPC May 2023.docx

 2023.02.02 SPC Meeting Minutes DRAFT.pdf

 2023.01.05 SPC Meeting Minutes DRAFT.pdf

3. CEO Quarterly Report


 CEO Q1 Board Report 2023_as of May 18.pdf

C. Conflict of Interest

- Jeff Fladen: No longer NSO ED. Contractual relationship as consultant for NSO. Owns stock in various companies, such as zoom that may do business with NAMI.

- Lauren Simonds: NAMI Washington Executive Director
- Amy Brinkley: National Association of State Mental Health Program Directors (NASMHPD)
- Cathryn Nacario: Chief Executive Officer, NAMI San Diego
- Pooja Mehta, Senior Policy Associate, Inseparable
- Carlos Larrauri: Will receive remuneration for lived experience video with Neurocrine and for Podcast with Janssen

No additional declarations were made.


 Vendors Added 01-01-2023 through 04-30-2023.xls

II. New Business

A. ACTION ITEMS: Advisory Council related listed below

1. Motion to approve: Appendix to the NAMI Board Procedures Manual (Presenters: Cathryn Nacario)

Motion: Cathryn Nacario Seconded: Lauren Simonds. Approved.

 DRAFT Appendix to Board Procedures Manual - Advisory Councils.docx

2. Motion to approve: Affiliate Presidents Council Charter (Presenters: Rich Callahan)

Motion: Connie Mom-Chhing. Seconded: Micah Pearson. Approved.

 DRAFT Affiliate Presidents Council Charter.docx

3. Motion to approve: Service Members, Veterans and Families Charter Amendment (Presenters: Chris Eichhorn)

Motion: Ray Lay. Seconded: Vanessa Price. Approved.

 NAMISMVFCouncilCharter_ Revised01232023_draft 03.docx


4. Motion to approve: Peer Leadership Charter Amendment (Presenters: Diane Banks)

Motion: Pooja Mehta Seconded: Ray Lay. Approved.

 PLC Charter Amendments 2023.docx

B. ACTION ITEM: Motion to approve Public Policy Statements (Presenters: Connie Mom-Chhing)


Motion to approve Public Policy Statements on Research on Schedule I Drugs, Limits on Gender-Affirming Care and Gun violence - purchase waiting periods: Connie Mom-Chhing Seconded: Vanessa Price. Approved.

 OVERVIEW_Public Policy Positions for Board Approval_May 2023.docx

1. Research on Schedule I Drugs

Position for Approval:


NAMI believes that public policies should be guided by credible, evidence-based research. NAMI supports public policies and laws that facilitate research into the risks and benefits that schedule I drugs have for people with mental health conditions.

 Schedule I Drug Research _For NAMI Board.docx

2. Limits on Gender-Affirming Care

Position for Approval:

NAMI believes that no one should be subject to practices that can cause or worsen mental health symptoms. NAMI opposes public policies and laws that ban, limit, or criminalize access to clinically appropriate gender-affirming care.

 GAC Public Policy Position_for Board review.docx

3. Gun Violence: Purchase Waiting Periods

Position for Approval:

NAMI believes that gun violence is a public health crisis that endangers the life, safety, and mental health of people throughout the U.S. NAMI supports public policies and laws that create waiting periods for purchasing firearms to reduce impulsive acts of gun violence and self-harm.

 Gun Violence Purchase Waiting Periods_For NAMI Board.docx

C. Succession Planning Discussion (Presenters: Joyce Campbell)

A succession plan will be put in place as board composition is reviewed to ensure an exceptional governing board and positive future for NAMI. The Executive Committee and board members will have input and the plan will be voted on when complete.

III. Unfinished Business

A. Board Assessment (Presenters: Joyce Campbell)

President Campbell provided results on the board assessment that was completed in March, 2023, as well as shared board comments to find opportunities to work on for the next board year. Board discussion took place.

IV. Reports/Updates

A. Officer Preferences Results (2023-2024) (Presenters: Joyce Campbell)

Results to the portal survey on the 2023-2024 call for officers were shared. President Campbell went over the process by which board members will vote for Executive Committee Officers electronically via Zoom on June 7, 2023.

B. National Board of Directors Elections (Presenters: Cathryn Nacario)

A timeline of the remaining Elections season was provided, as well as nominations for candidates received so far.

C. NAMIcon 2024 (Presenters: Dan Gillison)

See CEO update slides for details.

D. Committees/Workgroups

1. Youth & Young Adults Mental Health Outreach (Presenters: Pooja Mehta, Glenda Wrenn-Gordon)

Results to the NAMI on-campus were shared following multiple interviews. There is continued focus on where NOC can be introduced and improved with a possible guide or handbook to be written/provided for those new to the program. Pooja wishes to continue this work into the new board year.

2. Peer Credentialing Standards (Presenters: Amy Brinkley, Diane Banks)

Workgroup continued its charter review for approval. Chairs shared that there are a number of national groups advocating and drafting sign on letters in response to information to demonstrate support for the Office of Recovery. Chairs shared interest in continuing this workgroup for the next board year and utilize Brinkley's expertise with SAHMSA.

3. Justice Systems, Equity, Diversion & Inclusion (Presenters: Vanessa Price)

Chair shared there is an interest for AllRise to have a partnership with NAMI. Efforts and discussion, including NAMI President and CEO continue to pursue relationship.

E. NAMI 10X (Presenters: Annette Gantt)

- Membership and Voting
- Board composition

Breakout exercises were performed in an effort to increase board engagement for the new board year and to ensure board members/staff are involved for the 10X focus areas.

F. Council Reports

1. Executive Directors (Presenters: Kate Farinholt)

Council Chair mentioned National Staff has presented a lot the first quarter with policy updates, grant updates, training dates and research updates.

2. State Presidents (Presenters: Steve Slayton)

NAMI Council Reporting SPC May 2023
See report for update.

3. Service Members, Veterans and Families (Presenters: Chris Eichhorn)

NAMI BOD Report_SMVFC_M
See report for update.

4. Peer Leadership (Presenters: Diane Banks)

Council Chair provided current membership #s. There continues to be issues with some PLC members use the council as a support group. Chair would like to see membership increase, but ensure members are aware of the purpose for the council.

G. Grievances (Presenters: Cathryn Nacario)

The Committee is starting to work closely with the National Governance team to ensure any grievance are addressed properly. Grievances will be reviewed on a monthly basis during committee meetings with necessary action to be taken when necessary.

H. Departmental updates

See slides for details.

 2023.05.22 Chief updates.pdf


1. Field Governance & Relations (Presenters: Annette Gantt)


2. Human Resources (Presenters: Lisa Lewis)

3. Finance (Presenters: David Levy)


- a. ACTION ITEM: Motion to Approve Form 990

Motion: Jeff Fladen. Seconded: Darien Wright. Approved.

 990-Checklist.pdf

 2022 NAMI Form 990 Draft 04062023.pdf

4. Strategic Alliances & Development (some research topics) (Presenters: Jessica Edwards)

 CEP_BigGiftsStudy_Report_FNL.pdf

5. Youth and Young Adults, Workplace Mental Health & CCIE (Presenters: Darcy Gruttadaro)

6. Policy and Advocacy (Presenters: Hannah Wesolowski)

- I. CEO update

 CEO update.pdf

Executive Session with CEO

Motion to enter executive session at 3:42pm MT. Approved

- V. Adjournment

Meeting adjourned at 4:02pm MT.